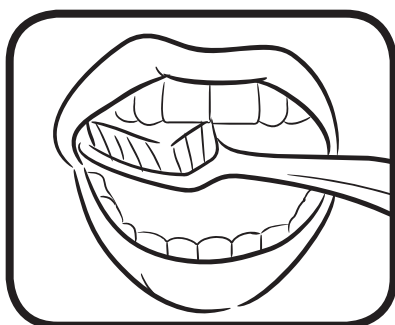


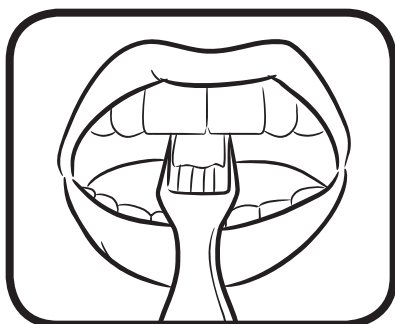
# How to Brush



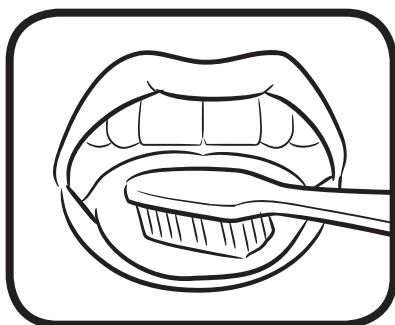
- Place the toothbrush at a 45-degree angle to the gums.



- Move the brush back and forth gently in short strokes.
- Brush the outer surfaces, the inside surfaces and the chewing surfaces of all teeth.

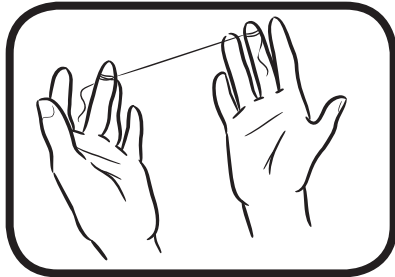


- To clean the inside surface of the front teeth, tilt the brush vertically and make several up-and-down strokes.

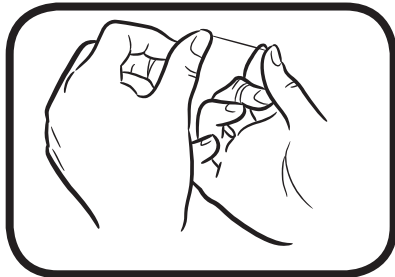


- Brush your tongue to remove bacteria and keep your breath fresh.

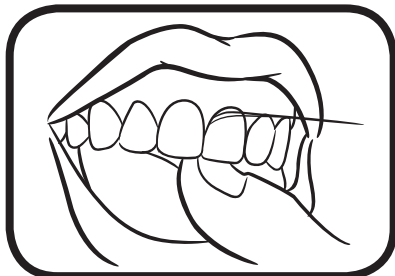
# How to Floss



- Use about 18 inches of floss wound around one of your middle fingers, with the rest wound around the opposite middle finger.



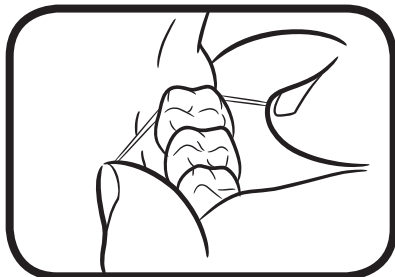
- Hold the floss tightly between the thumbs and forefingers and gently insert it between the teeth.



- Curve the floss into a "C" shape against the side of the tooth.

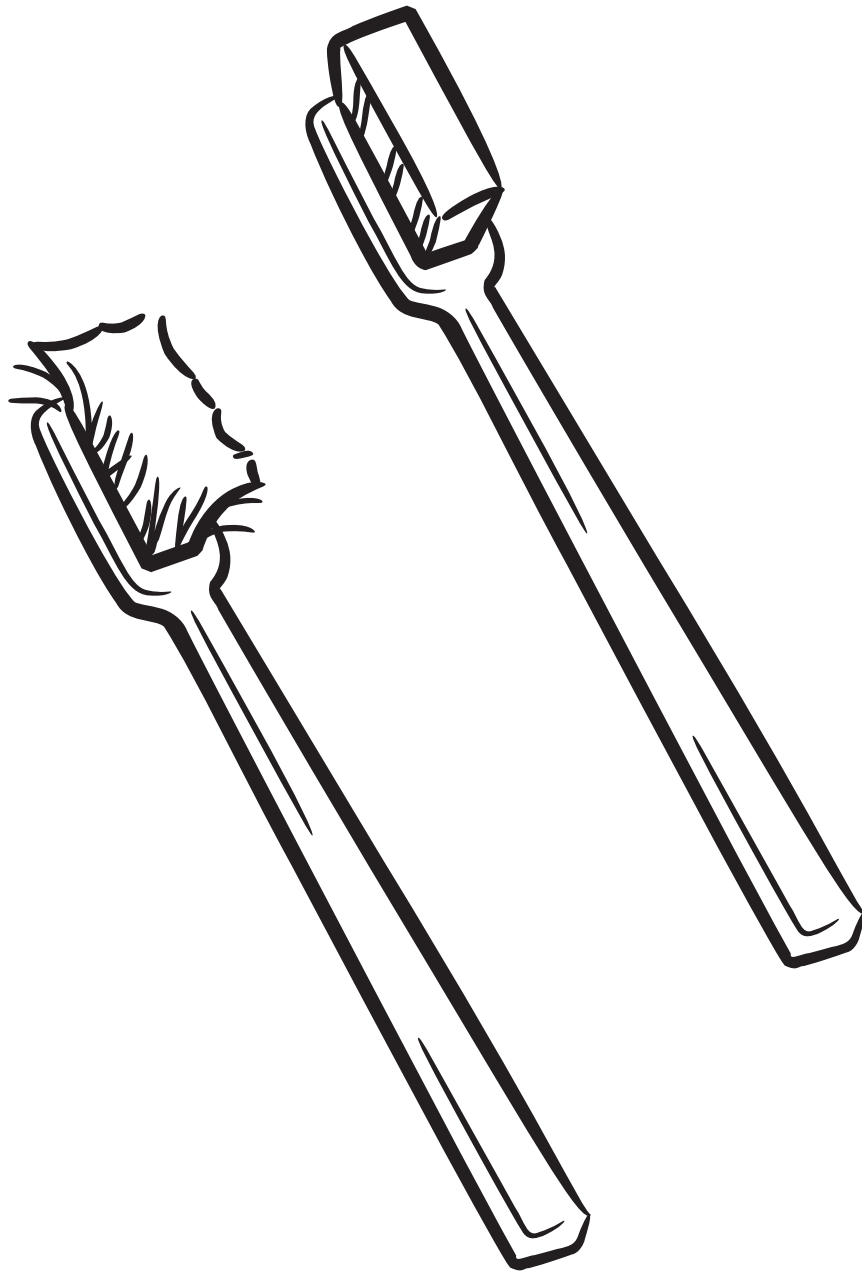


- Rub the floss gently up and down, keeping it pressed against the tooth. Don't jerk or snap the floss.

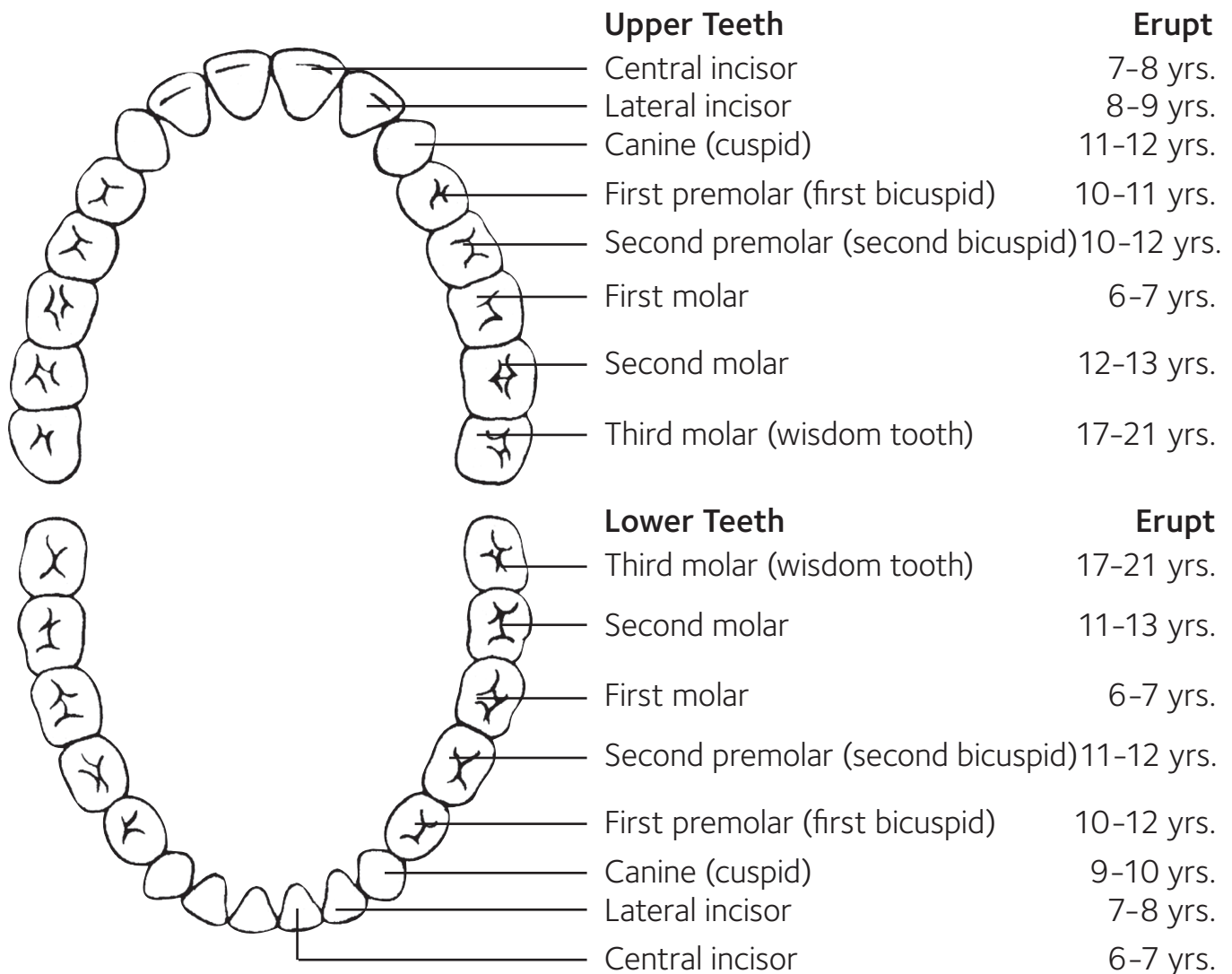


- Floss all your teeth. Don't forget to floss behind your back teeth.

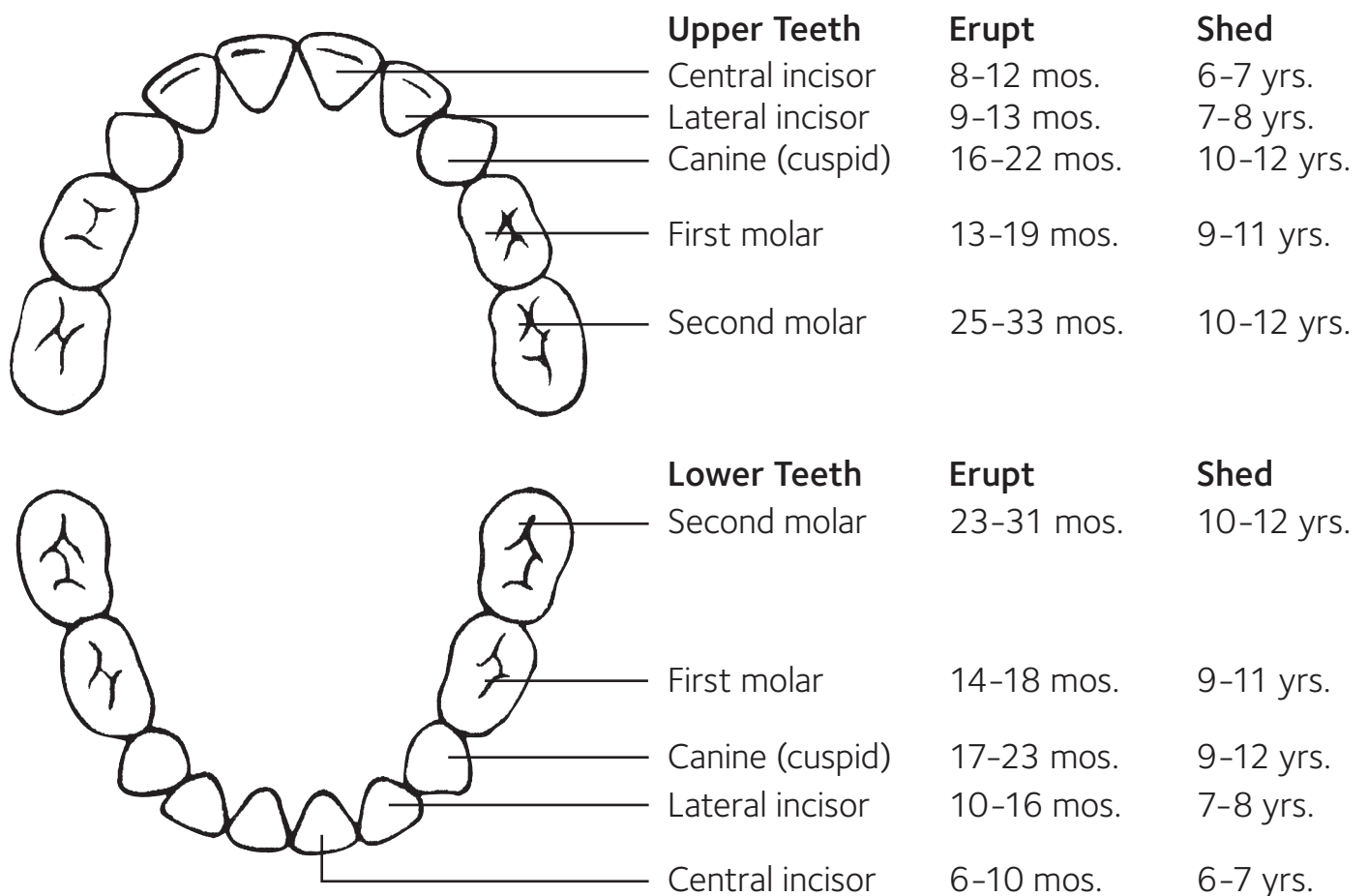
# Old & New Toothbrushes



# Permanent Tooth Development



# Primary Tooth Development



# Tooth Anatomy

