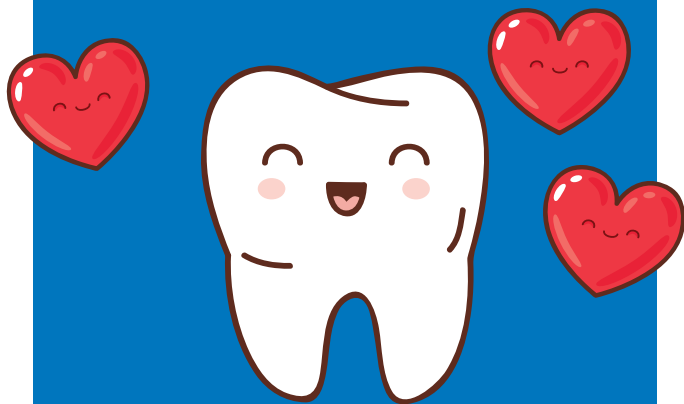


*I Think You're
Tooth Cute!*



ADA®

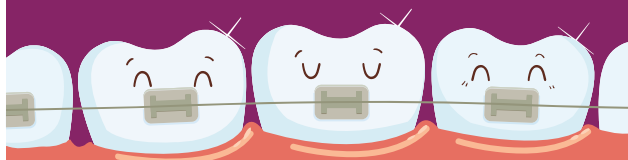
**SWEET
TOOTH**



YES

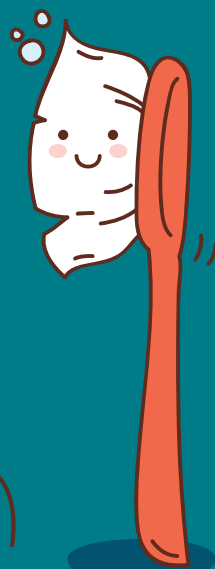
ADA®

*Brace Yourself
for a Happy
Valentine's Day!*



ADA®

*We go
together like
brushing
& flossing*



ADA®

To:

From:



ADA®

To:

From:



ADA®

To:

From:



ADA®

To:

From:



ADA®



ADA®



ADA®



ADA®



ADA®

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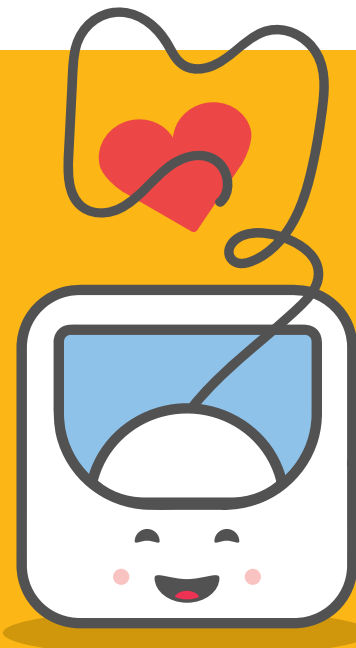
From:

ADA®

Be My Bicuspid!



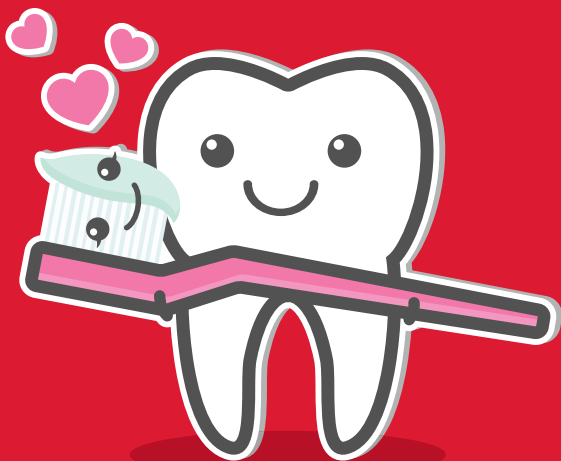
ADA®



You're Floss-some!

ADA®

*We're a terrific
tooth-some!*



ADA®

*I can't smile
without you.*



ADA®

To:

From:

ADA®

To:

From:

ADA®

To:

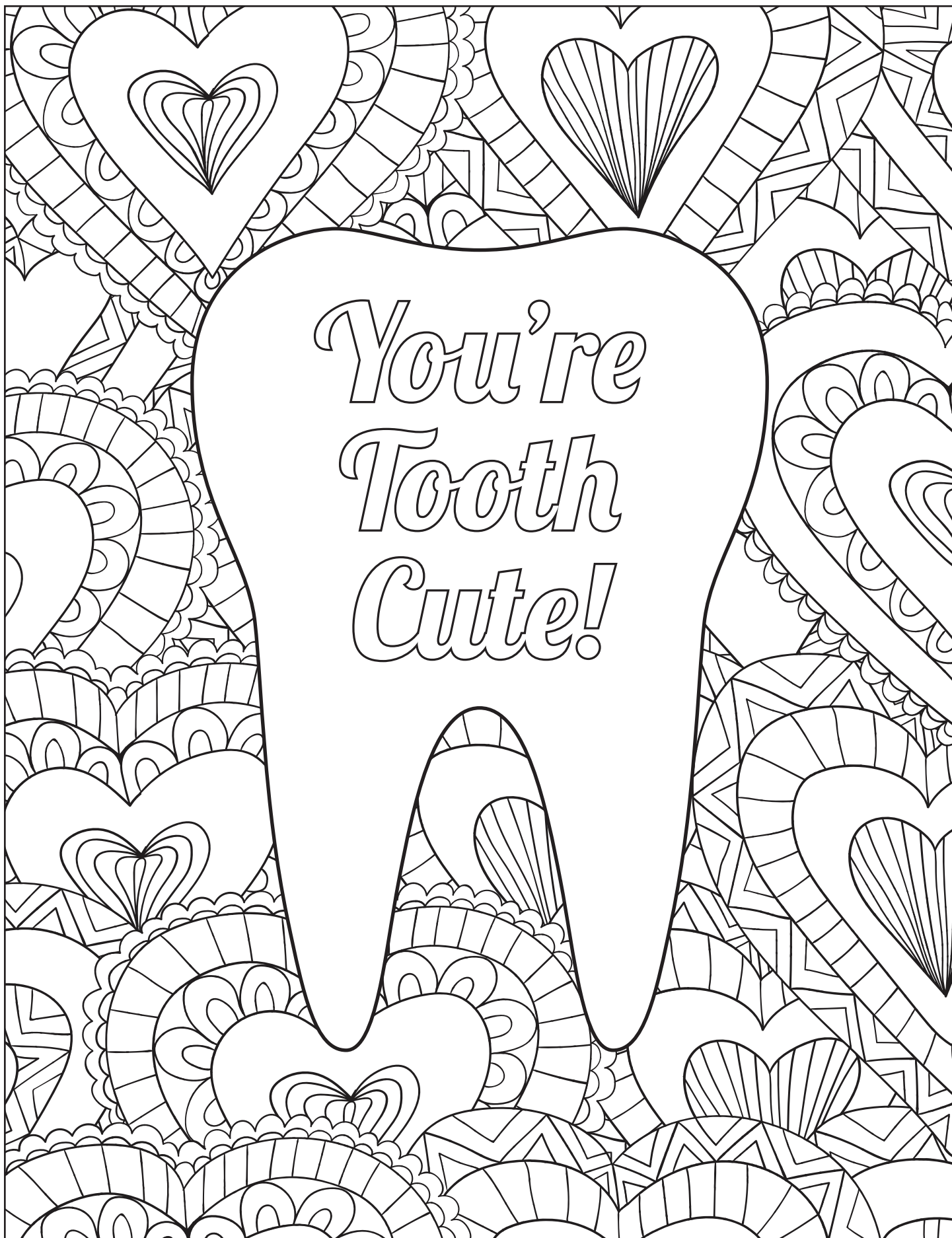
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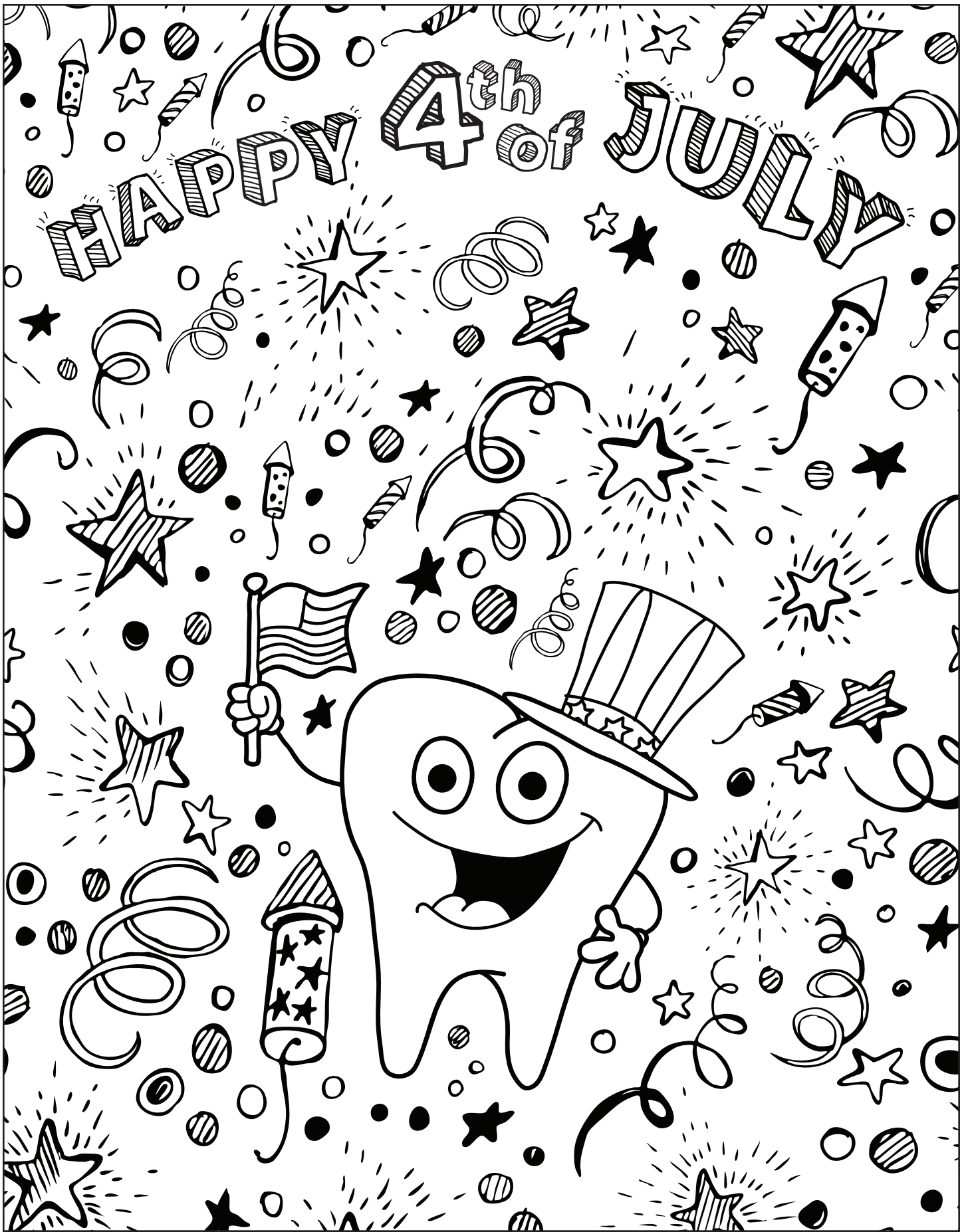
ADA®

To:

From:

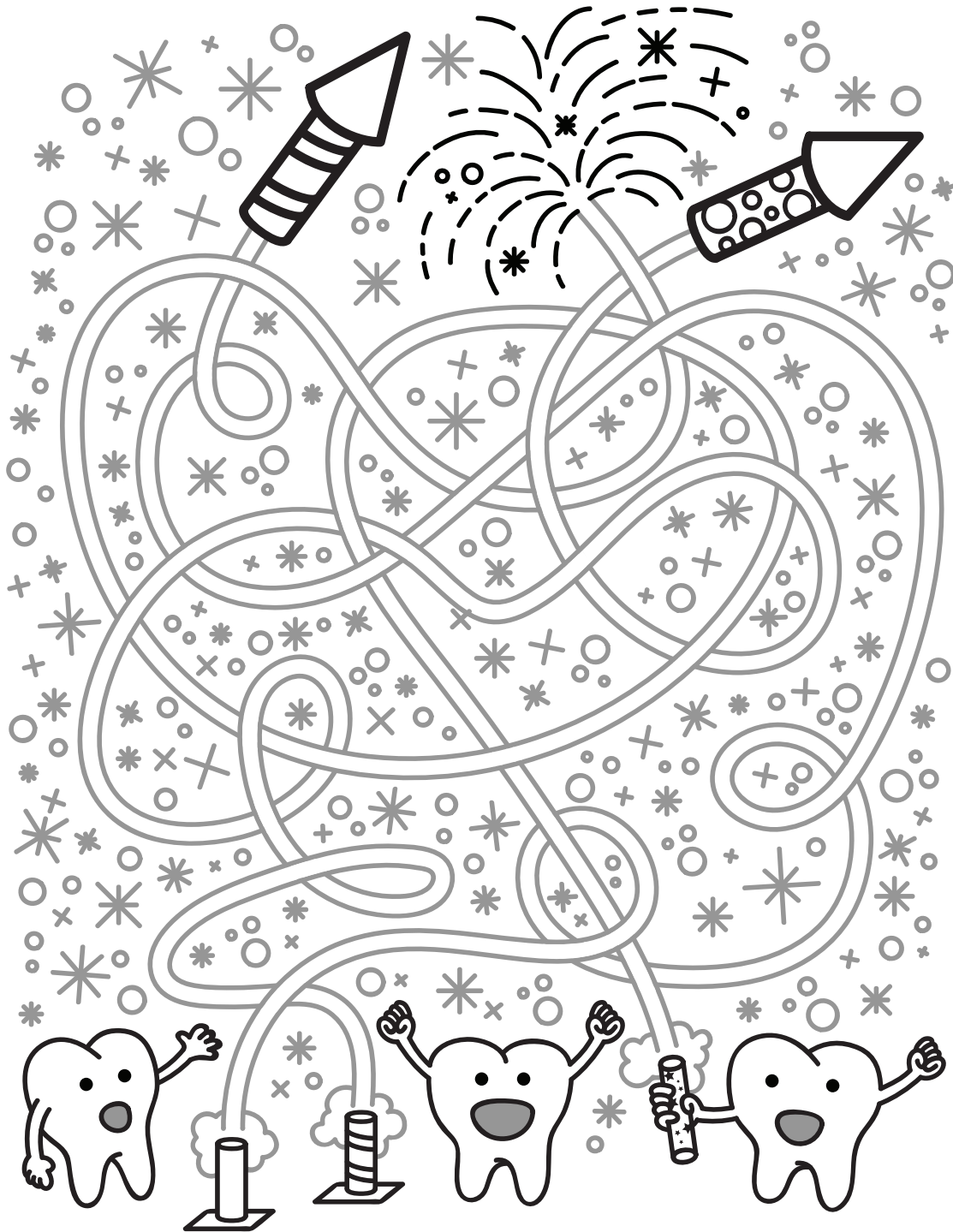
ADA®





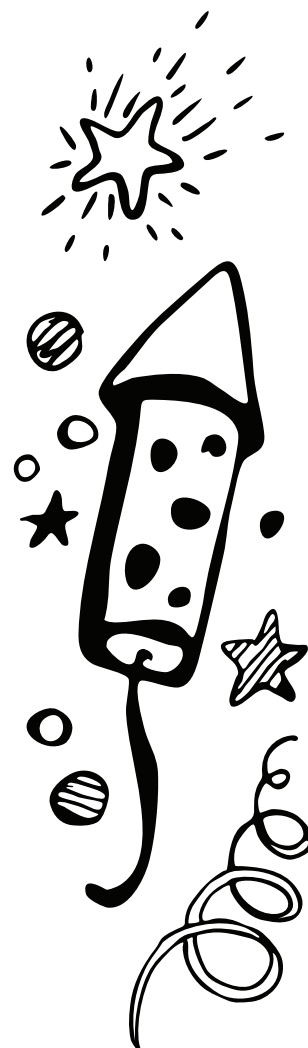
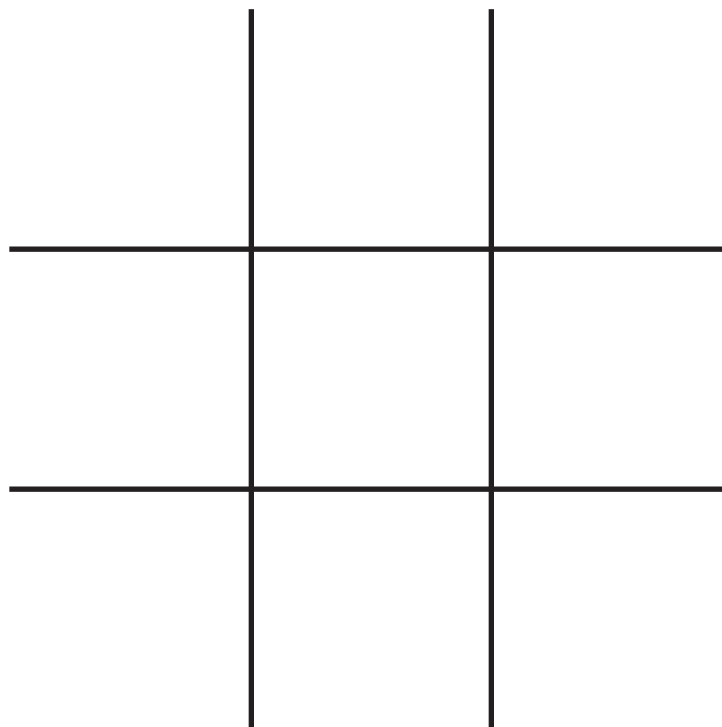
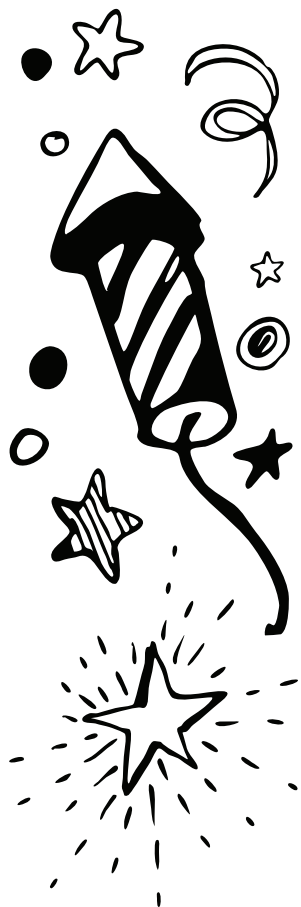
Independence Maze

What makes you smile on a summer night? Fireworks displays!
Follow each path to find out what these teeth will see in the 4th of July sky.

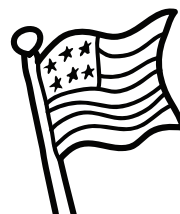
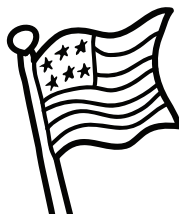


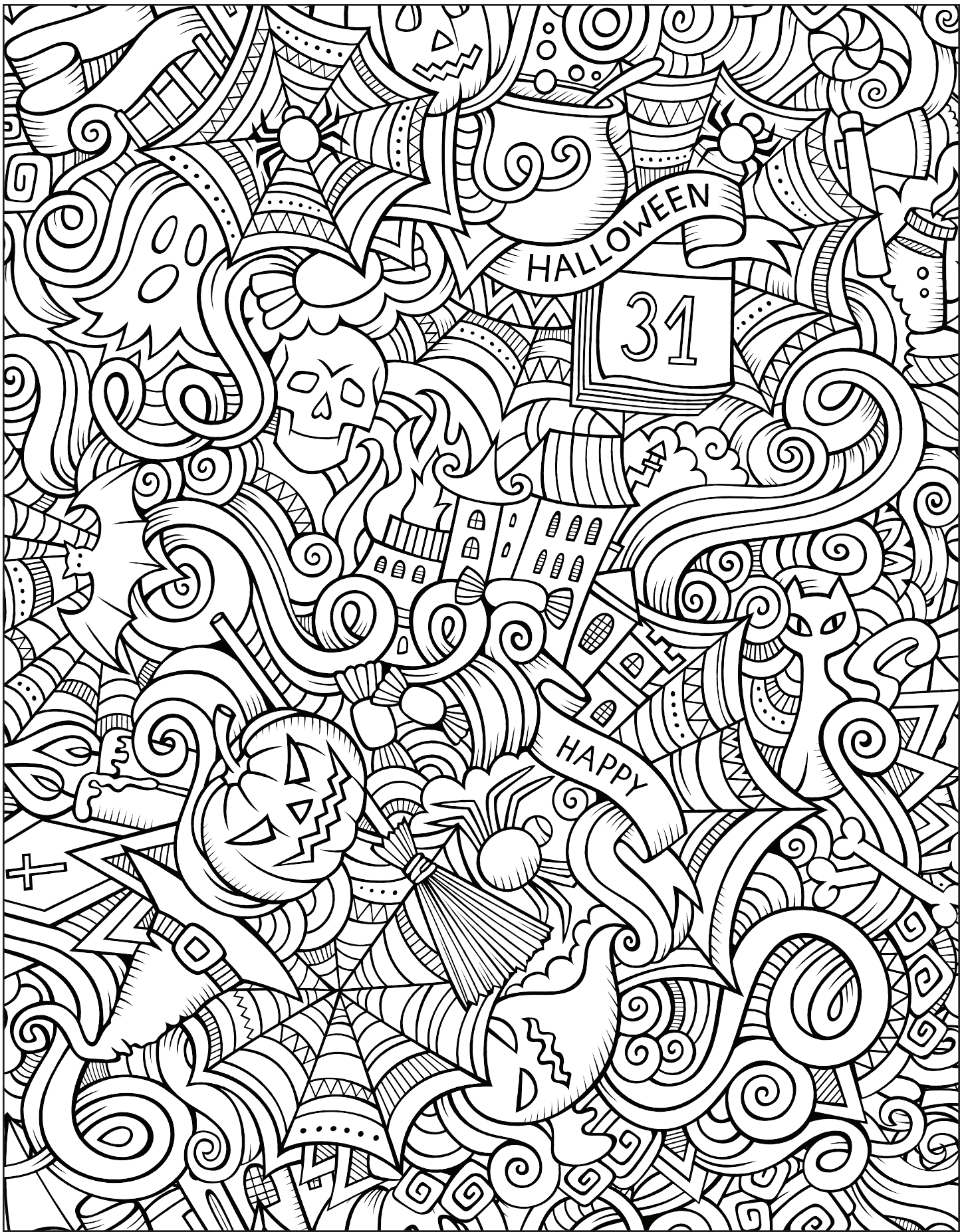
Tic-Tac-Tooth

1. Color the game pieces and the game board.
2. Cut out the game pieces. (Ask a grownup for help if you need it!)
3. Play tic-tac-toe using your game pieces

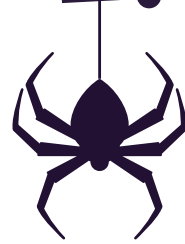


ADA American Dental Association®





HAPPY
HALLOWEEN



Spooky Smile Secret Message!

This jack-o'-lantern needs to keep his smile bright for Halloween night.
Decode the secret smile message below to find out how!

Add up the numbers represented by each set of symbols and replace them with the corresponding letter.

For example, the first letter in the message is R.
A spiral counts for 10, a star counts for 5, and each dot counts for 1, so $10+5+3=18$ and the 18th letter of the alphabet is R.



1 = • 5 = ★ 10 = ☯

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26

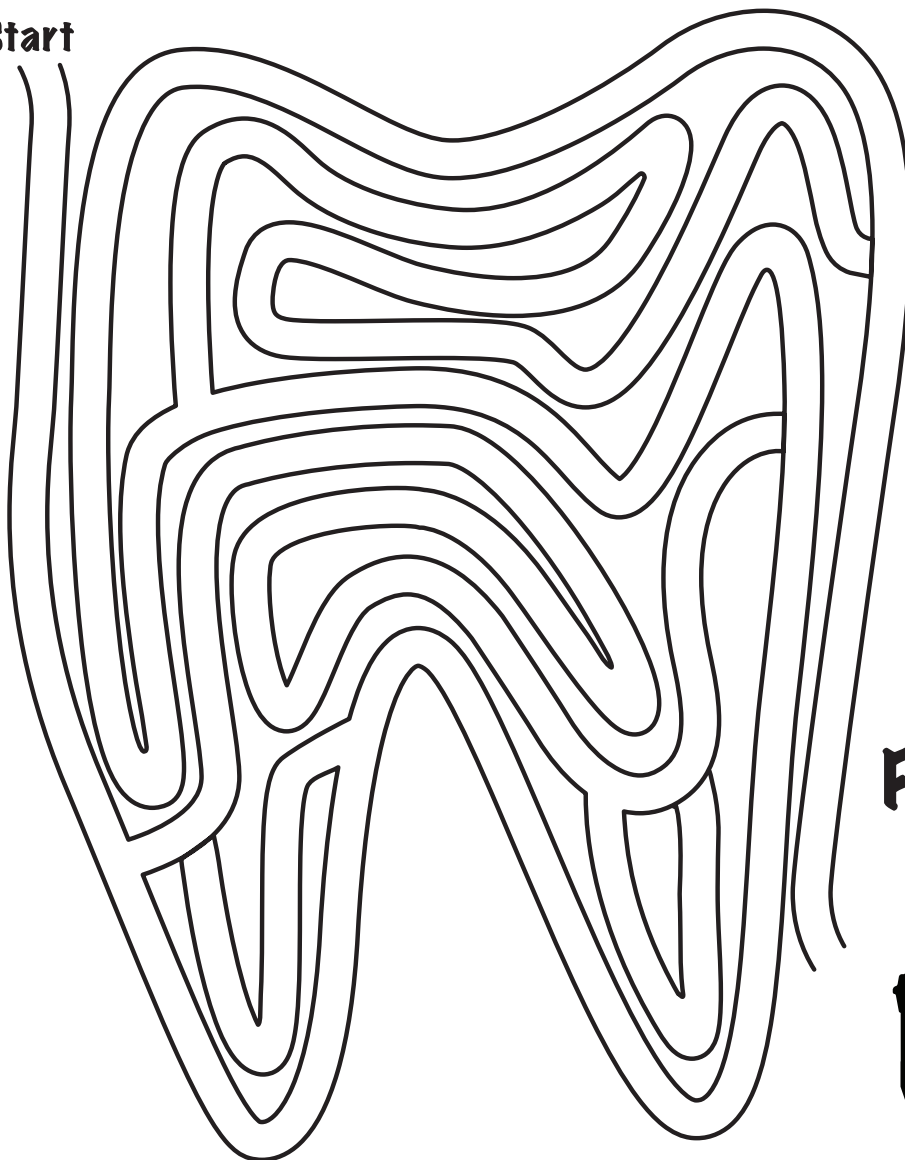
☯★ •••	★	☯ •••	★	☯ •••	••	★	☯★ •••		☯☯	☯★
_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
	••	☯★ •••	☯☯ •	☯★• •••	★ •••		☯☯	☯☯ •••	☯★	
_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
☯ •••	★• •••	☯• •••	☯☯ •	☯☯	★	☯★• •••		☯☯	☯☯ •••	☯★
_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
☯☯	★• •••	☯ •••	★	☯★• •••		•		••	•	☯☯ ★
_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____

ANSWER: Remember to brush two minutes, two times a day.



**This grinning ghost needs to
get back to the haunted castle
before Halloween is over. Help
him find his way through this
tricky tooth trail!**

Start

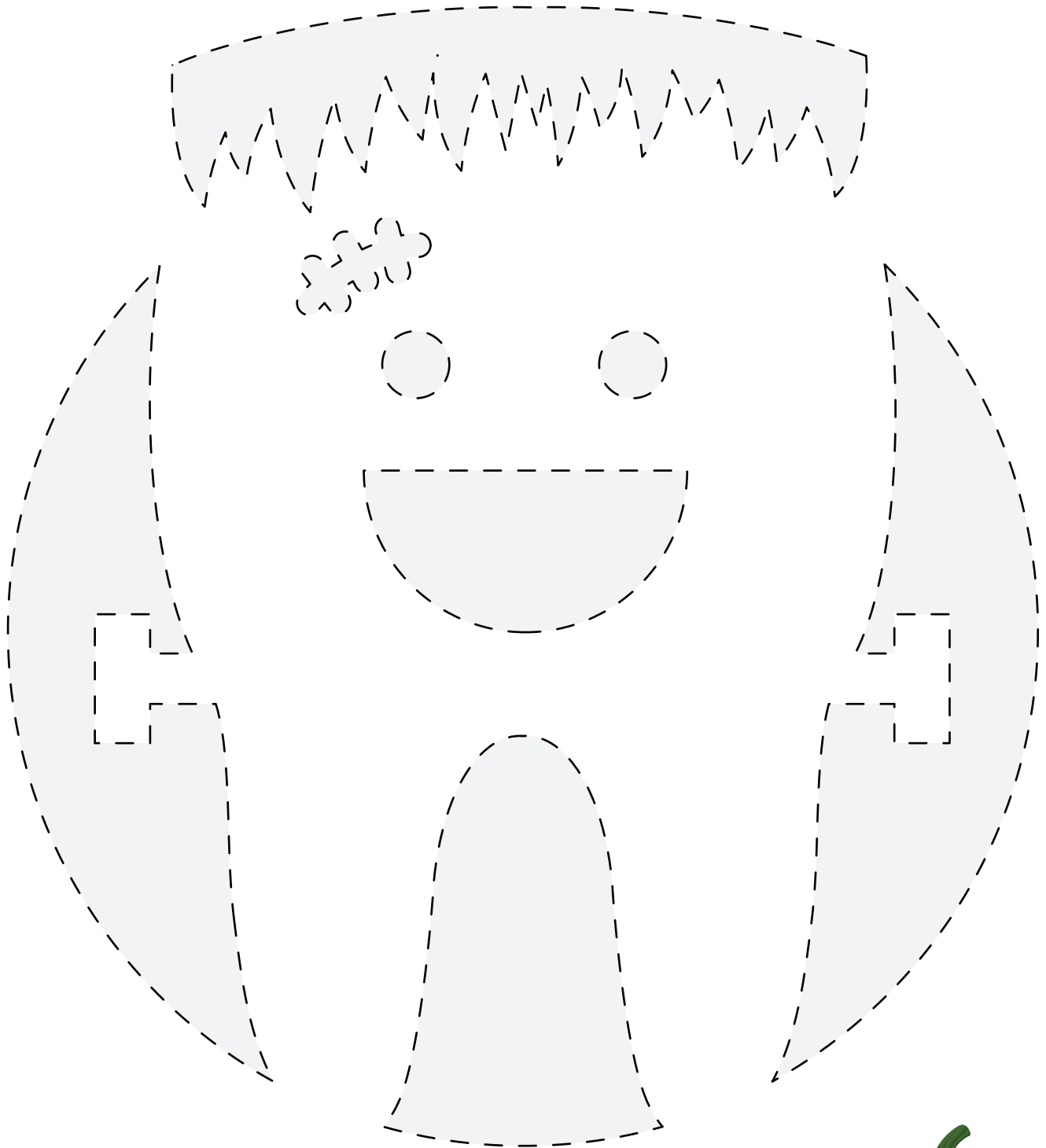


Finish





"Frankentooth's Molar"

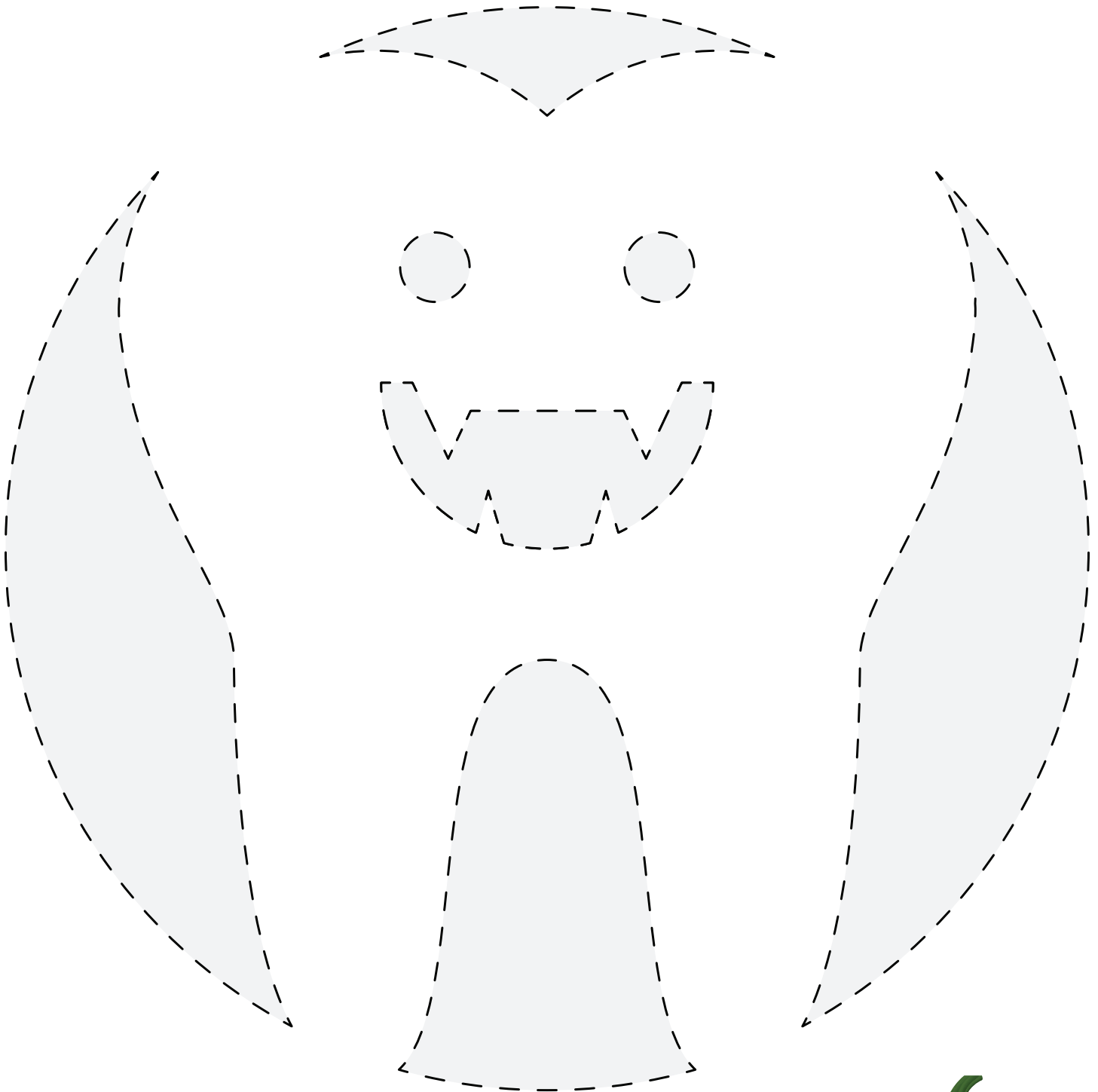


DIRECTIONS: Print stencil and trace onto surface. Use a pen or sharp point to make a dotted pattern on the pumpkin, then follow the dots and cut out the areas shown in gray.

Send us a picture when it's complete! Share your photos with **#mouthhealthy** on Instagram or Twitter ([Twitter.com/AmerDentalAssn](https://twitter.com/AmerDentalAssn)). Then, tag us on Facebook ([Facebook.com/AmericanDentalAssociation](https://facebook.com/AmericanDentalAssociation)).



"Count Bicuspid"

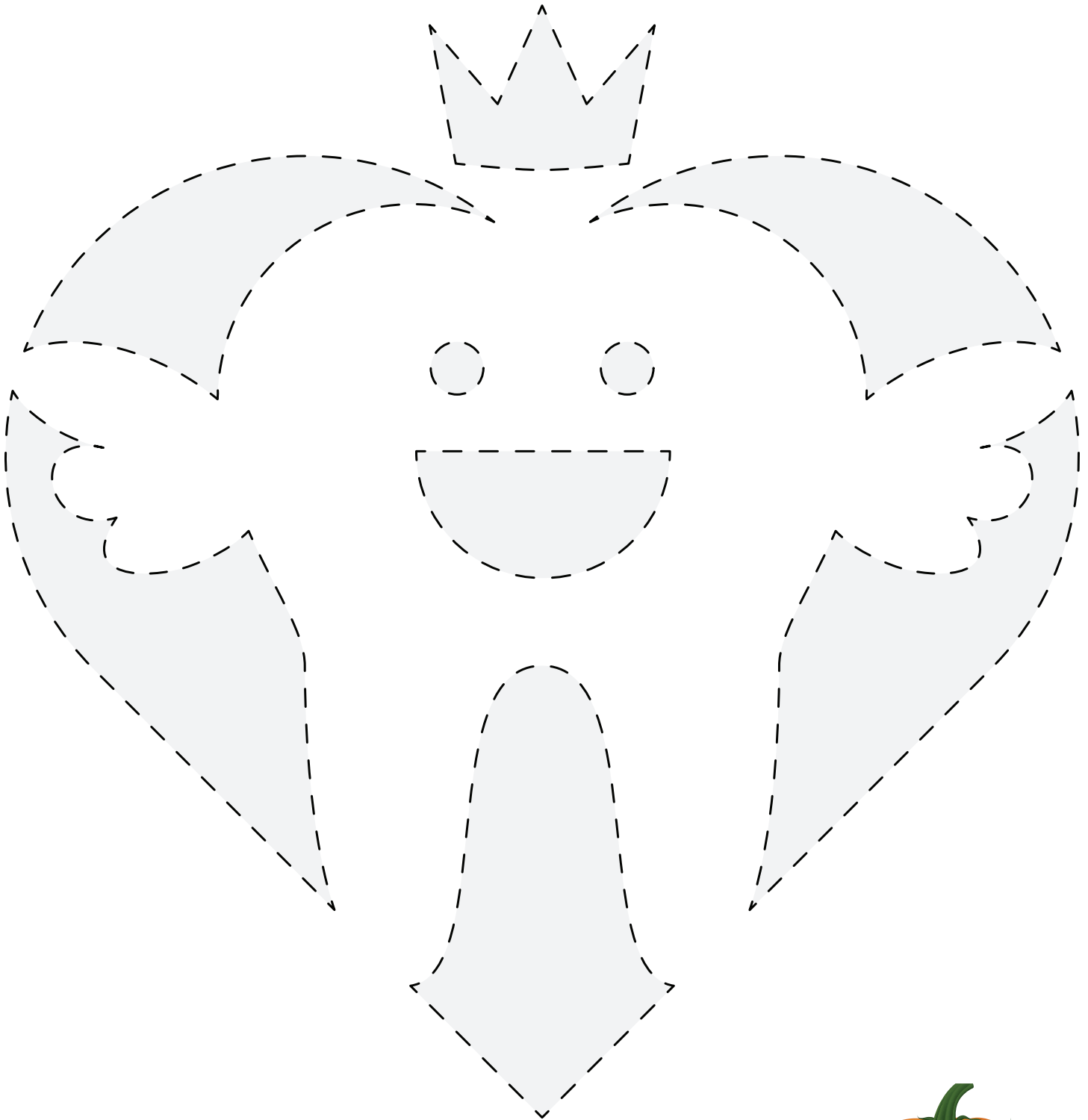


DIRECTIONS: Print stencil and trace onto surface. Use a pen or sharp point to make a dotted pattern on the pumpkin, then follow the dots and cut out the areas shown in gray.

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"My Fairy Tooth"

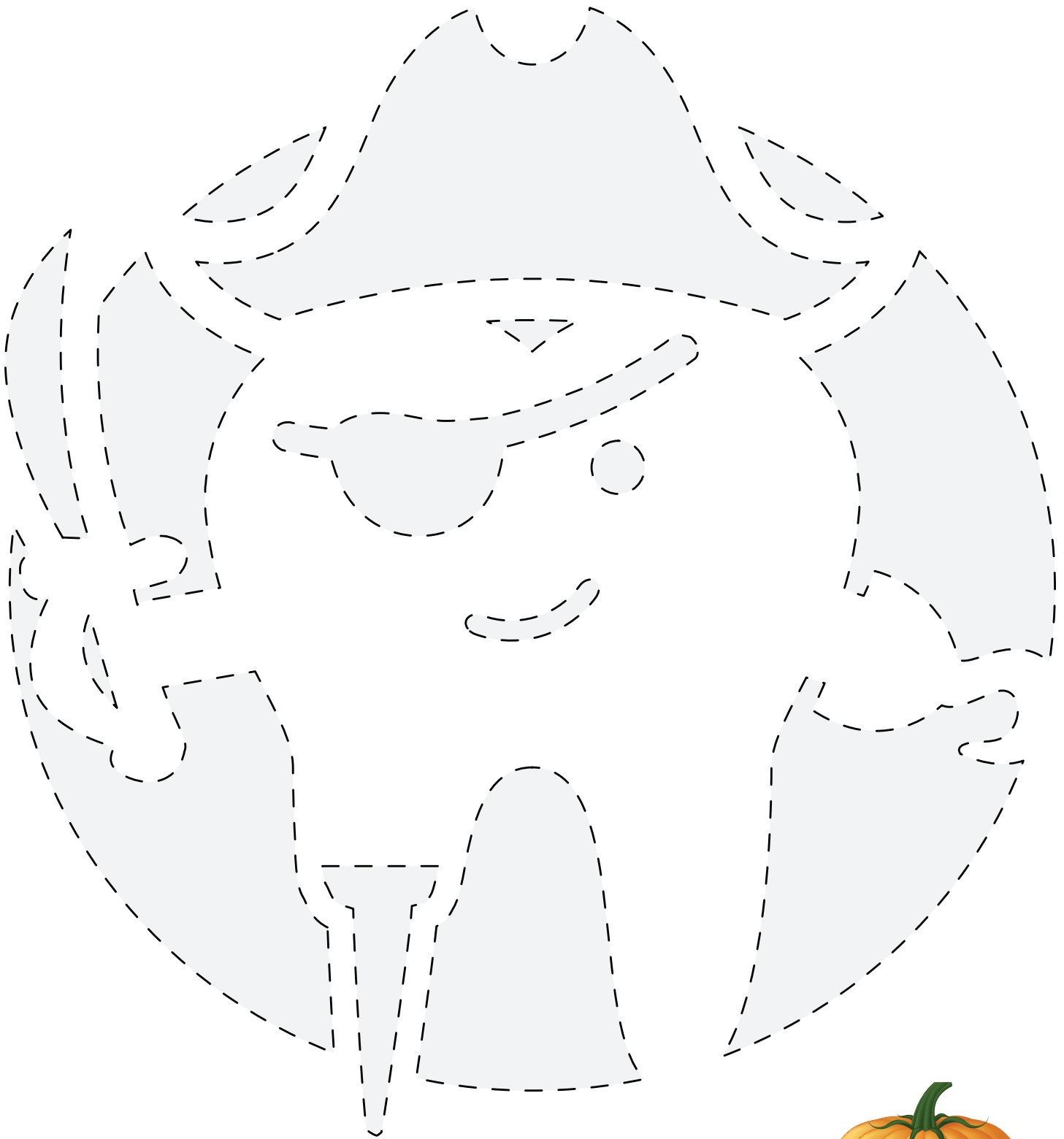


DIRECTIONS: Print stencil and trace onto surface. Use a pen or sharp point to make a dotted pattern on the pumpkin, then follow the dots and cut out the areas shown in gray.

Send us a picture when it's complete! Share your photos with **#mouthhealthy** on Instagram or Twitter ([Twitter.com/AmerDentalAssn](https://twitter.com/AmerDentalAssn)). Then, tag us on Facebook ([Facebook.com/AmericanDentalAssociation](https://facebook.com/AmericanDentalAssociation)).



"Pirate Toothy"



DIRECTIONS: Print stencil and trace onto surface. Use a pen or sharp point to make a dotted pattern on the pumpkin, then follow the dots and cut out the areas shown in gray.

Send us a picture when it's complete! Share your photos with **#mouthhealthy** on Instagram or Twitter ([Twitter.com/AmerDentalAssn](https://twitter.com/AmerDentalAssn)). Then, tag us on Facebook ([Facebook.com/AmericanDentalAssociation](https://facebook.com/AmericanDentalAssociation)).



"Toothcraft"

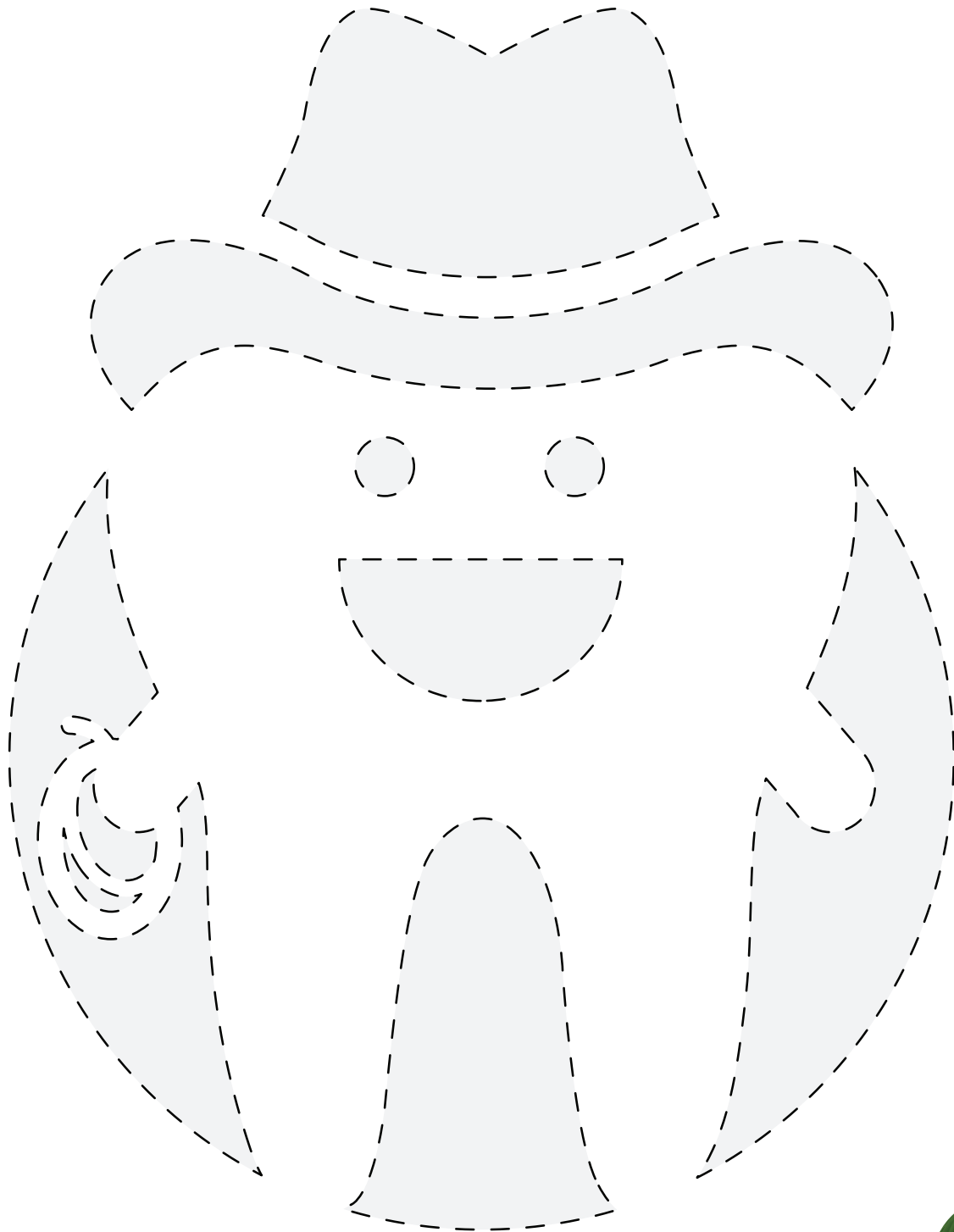


DIRECTIONS: Print stencil and trace onto surface. Use a pen or sharp point to make a dotted pattern on the pumpkin, then follow the dots and cut out the areas shown in gray.

Send us a picture when it's complete! Share your photos with **#mouthhealthy** on Instagram or Twitter ([Twitter.com/AmerDentalAssn](https://twitter.com/AmerDentalAssn)). Then, tag us on Facebook ([Facebook.com/AmericanDentalAssociation](https://facebook.com/AmericanDentalAssociation)).



"Billy the Bicuspid"



DIRECTIONS: Print stencil and trace onto surface. Use a pen or sharp point to make a dotted pattern on the pumpkin, then follow the dots and cut out the areas shown in gray.

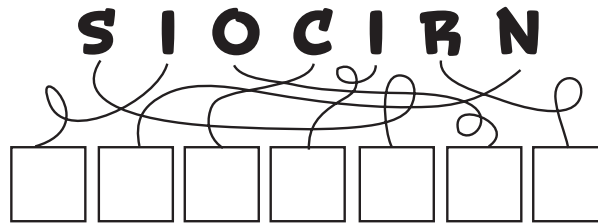
Send us a picture when it's complete! Share your photos with **#mouthhealthy** on Instagram or Twitter ([Twitter.com/AmerDentalAssn](https://twitter.com/AmerDentalAssn)). Then, tag us on Facebook ([Facebook.com/AmericanDentalAssociation](https://facebook.com/AmericanDentalAssociation)).



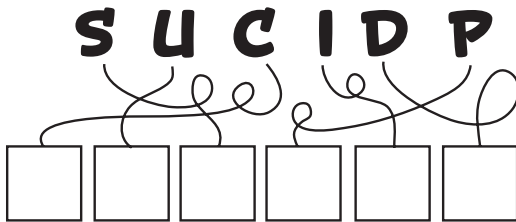
DID YOU KNOW ...

...you have different kinds of teeth designed to do different things?
Help K-9 learn their names.

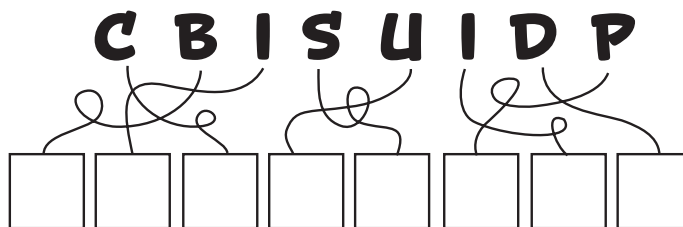
Unscramble the words by following the floss path and then write the letter in the box.



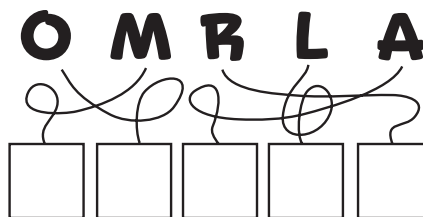
1. These flat front teeth are for biting into food.



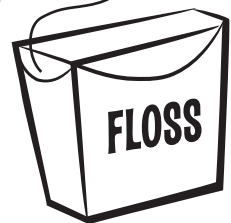
2. These teeth tear food into smaller pieces.



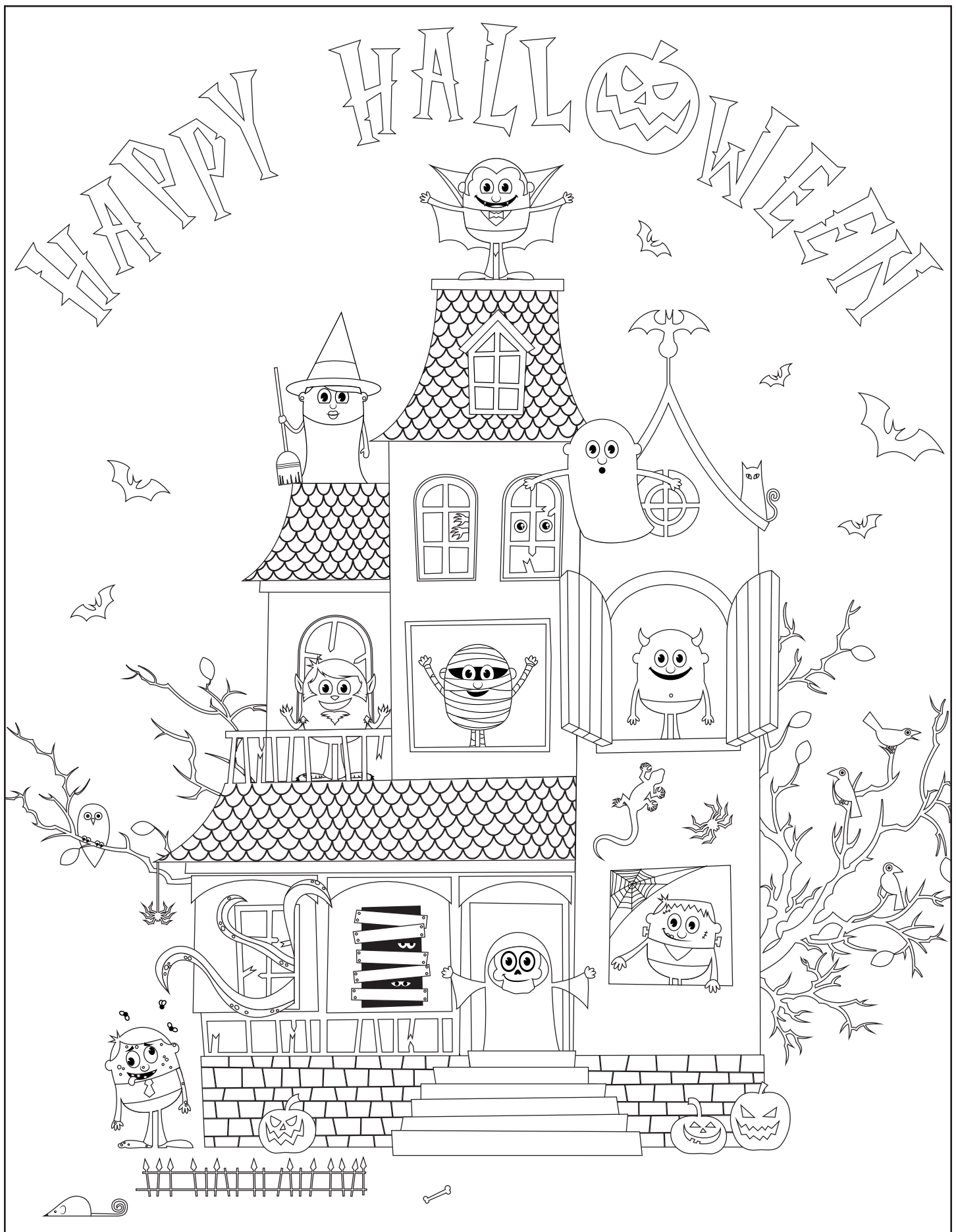
3. A second set of food-tearing teeth.



4. These big teeth at the back of your mouth grind food into very small pieces.

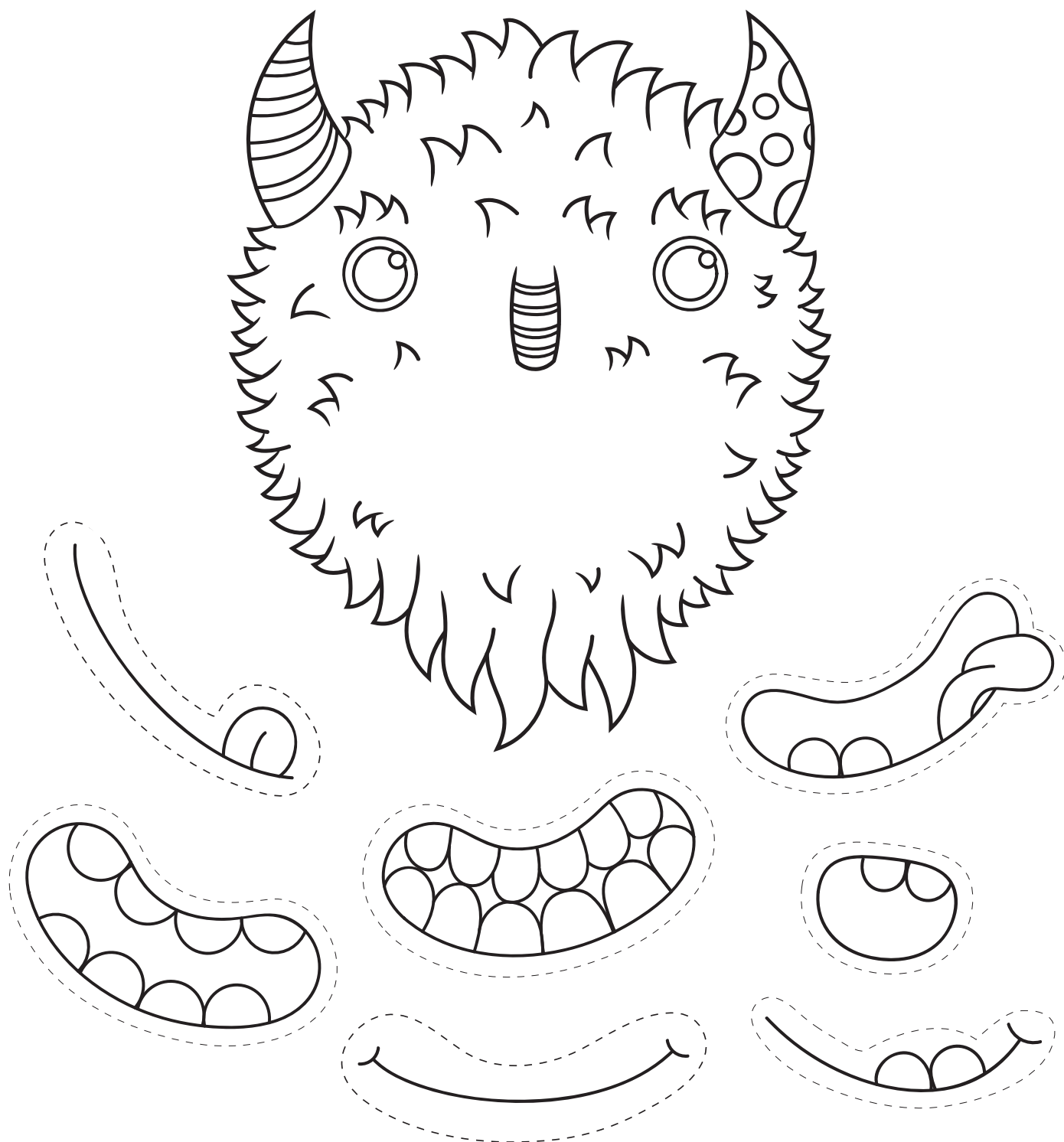


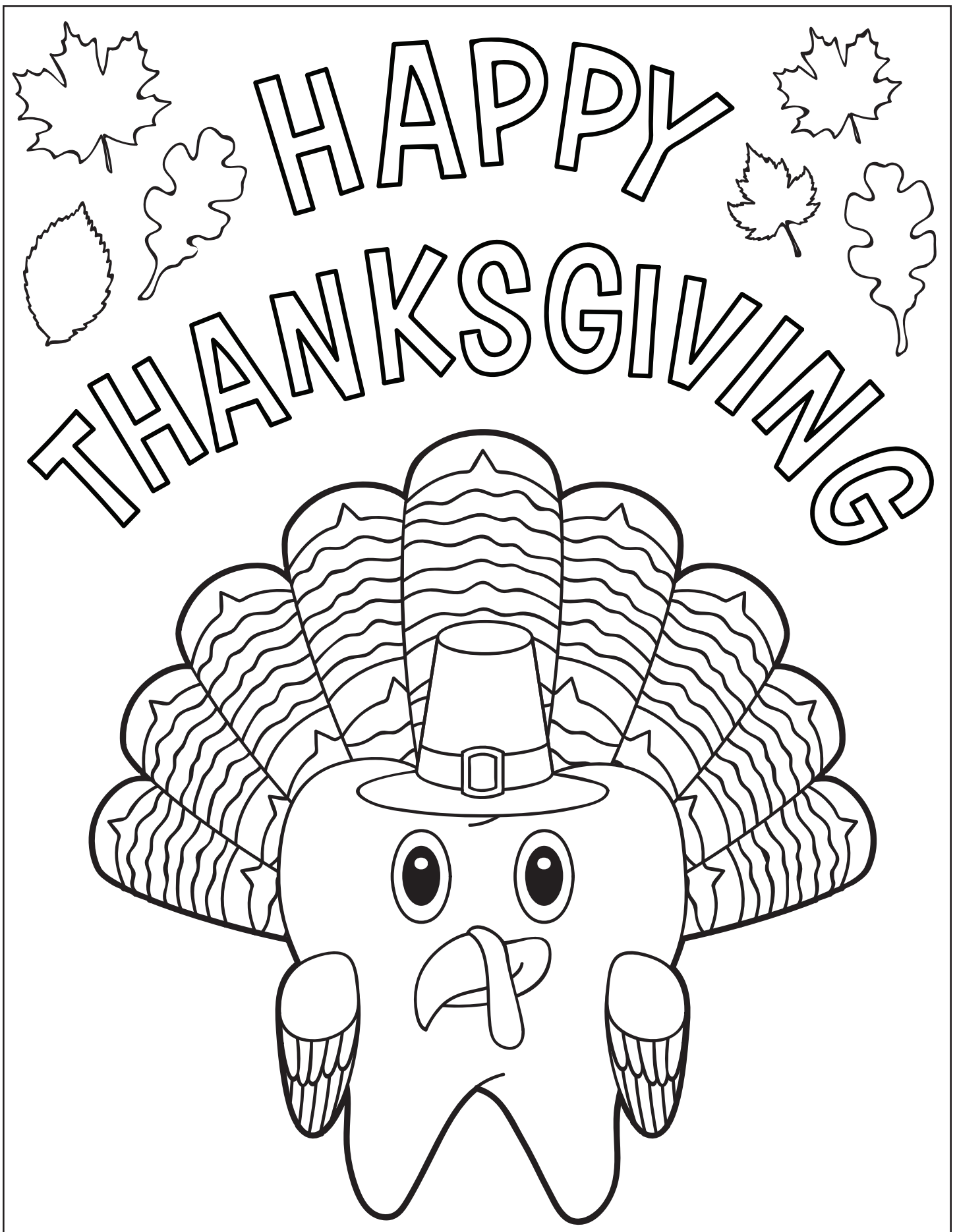
ANSWERS: 1. INCISOR; 2. CUSPID; 3. BICUSPID; 4. MOLAR



Pin the Mouth on the Monster

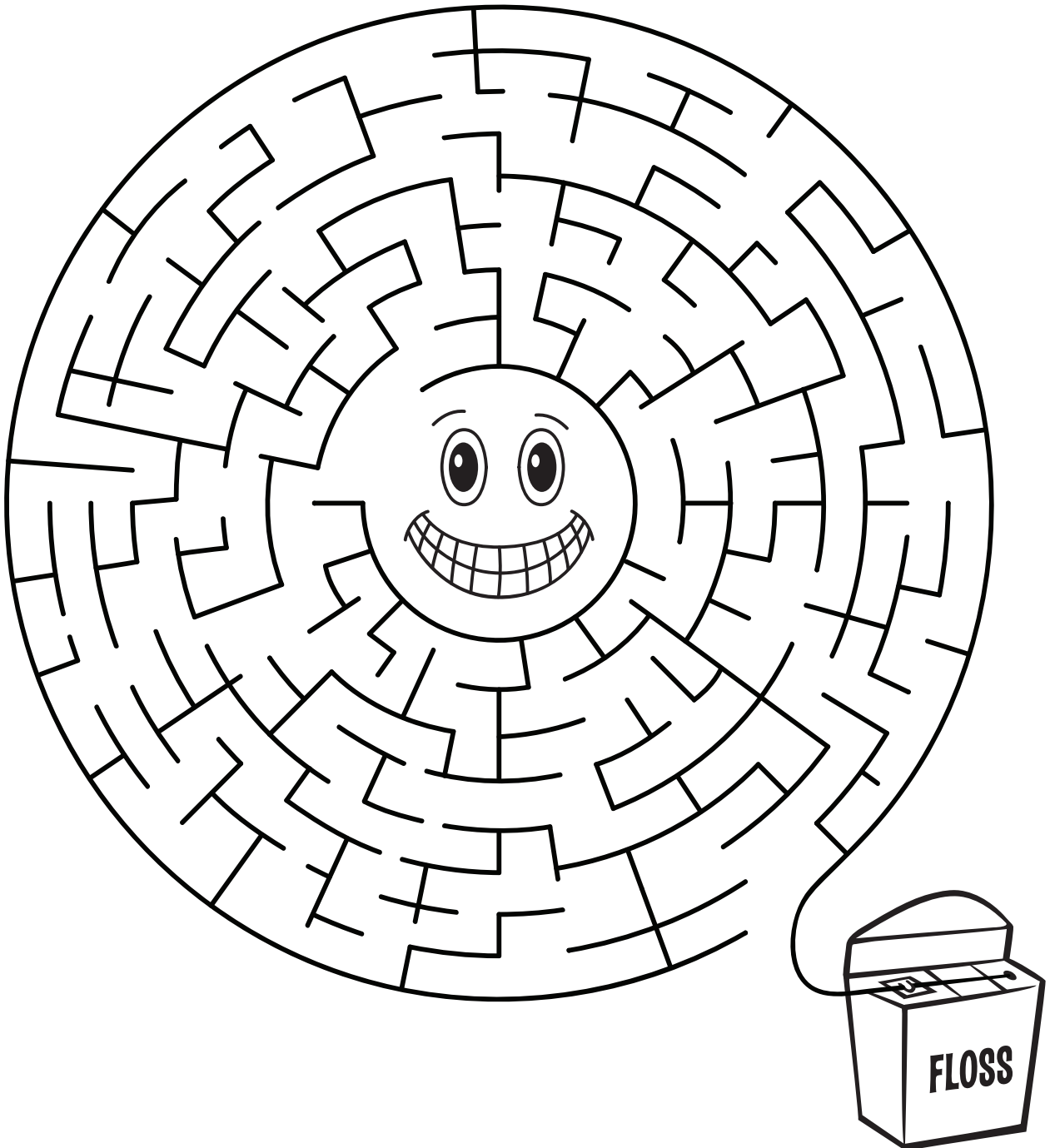
Color the monster and mouths, then cut out each mouth and hang the monster's face on a wall. Have each player choose a mouth and put a small piece of tape on the back of it. One at a time, have each player close their eyes, gently spin them around and point them toward the wall so they can stick the mouth on the monster. The player who is closest to having the mouth in the right position wins!





Thanksgiving Floss Fun

If you have turkey caught in your teeth after Thanksgiving dinner, give thanks for one very important thing — floss! Complete the maze to help keep this smile sparkling on Thanksgiving Day.





Happy and Healthy Holiday Brushing Chart

Hermey the Elf always brushes his teeth two times a day,
for two minutes, and you should too!

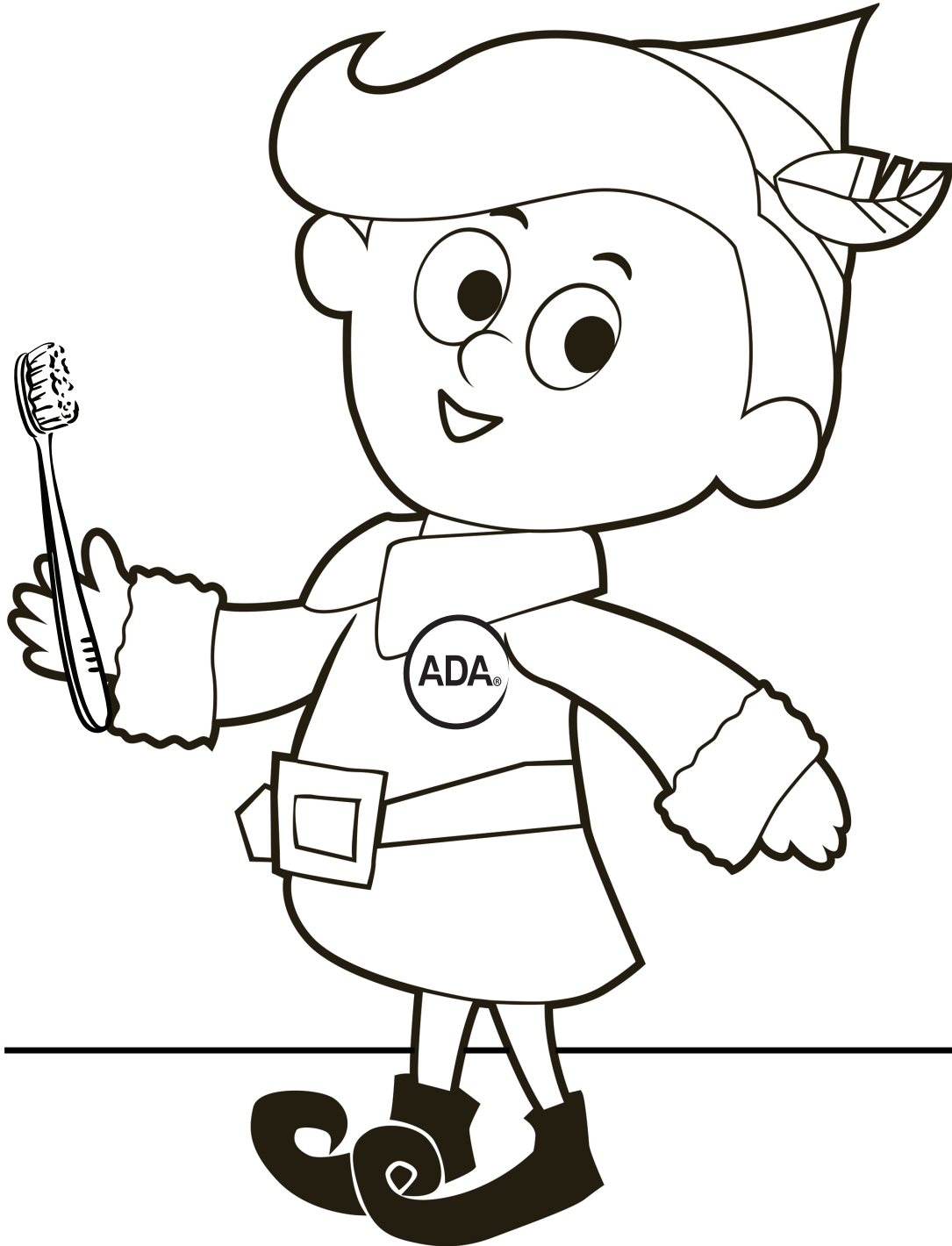
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>
<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>
<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>
<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>
<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>	<div><div></div><div></div></div>



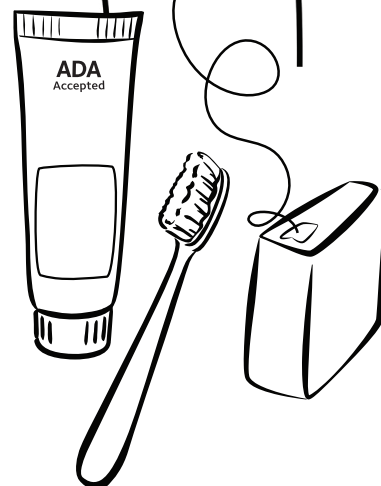
Put a checkmark
in the box when
you brush twice
each day.



Hermey knows it is important to brush your teeth two times a day, floss your teeth one time a day, eat lots of fruits and vegetables, and go see your dentist.



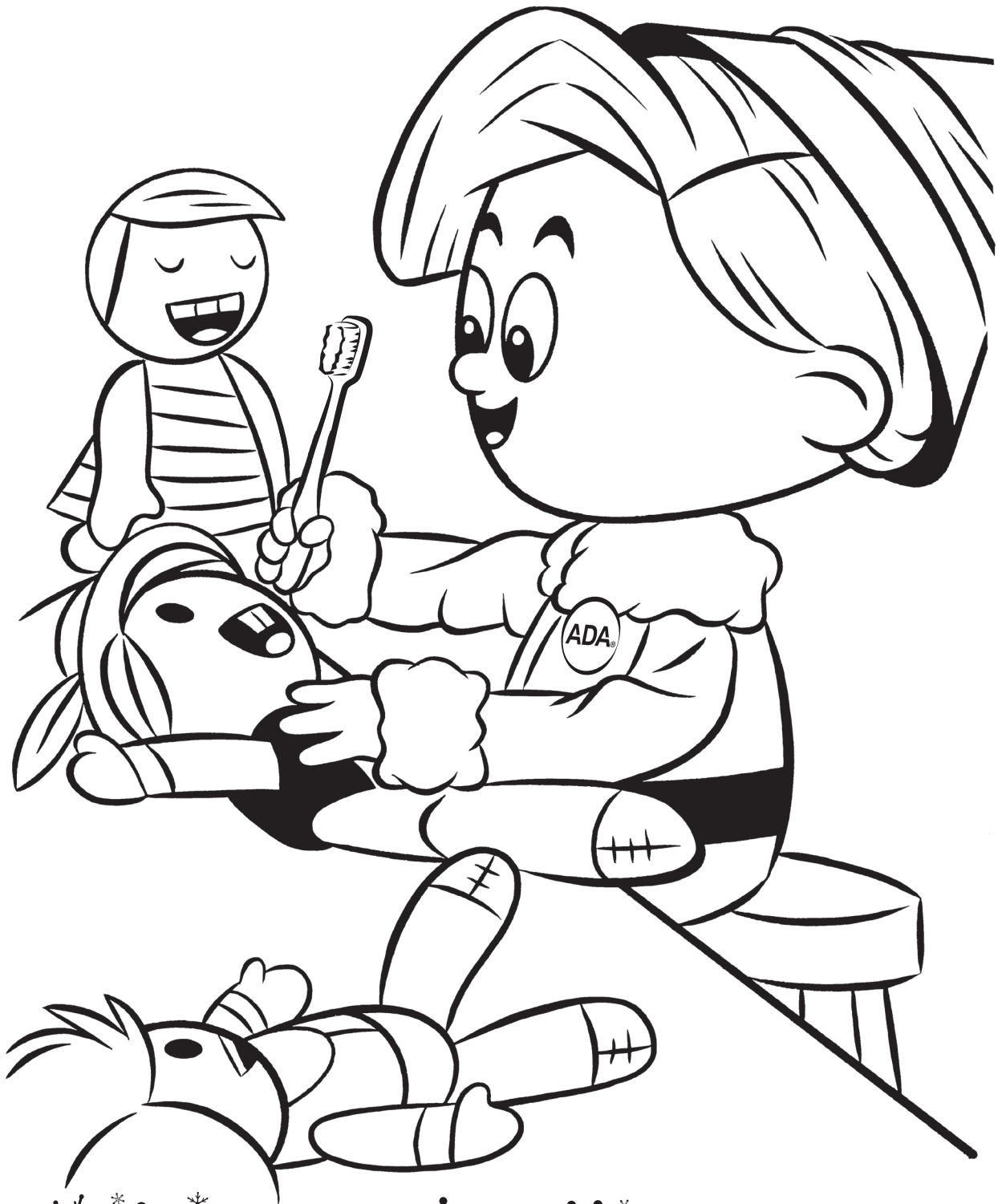
Help Hermey find his dental tools.



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America's leading advocate for oral health

Brush your teeth morning and night to keep
your mouth healthy and your smile bright.



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Hermey wants to be a dentist so he studies very hard. A dentist takes care of your teeth.



“Ho Ho Hermey, thank you for teaching us how important it is to take good care of our teeth,” says Santa. “It’s important that we all keep our teeth clean and healthy!”



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America's leading advocate for oral health



Happy Holidays!

ADA®



Happy Holidays!

ADA®



Happy Holidays!

ADA®



Happy Holidays!

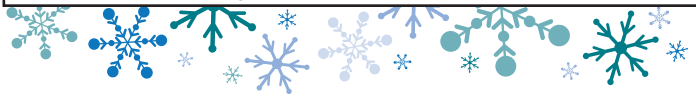
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From:

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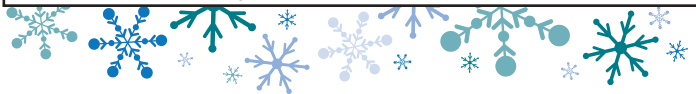
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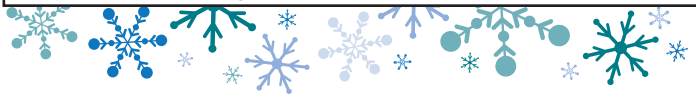
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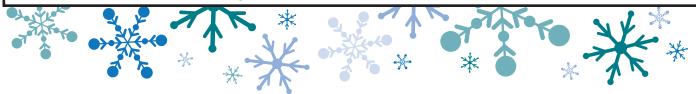
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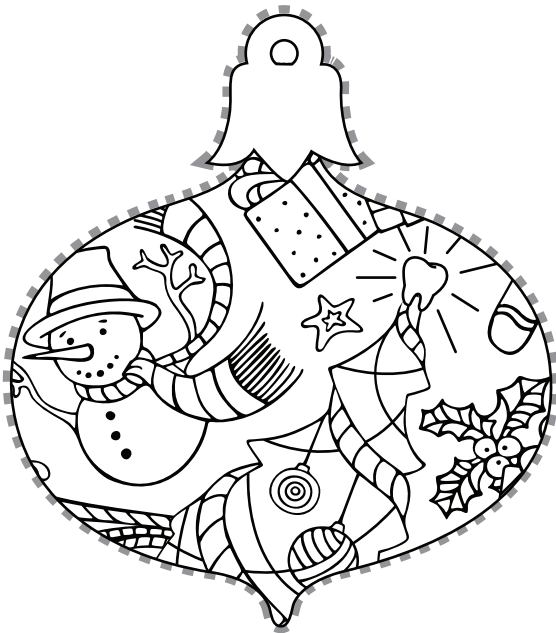
From:

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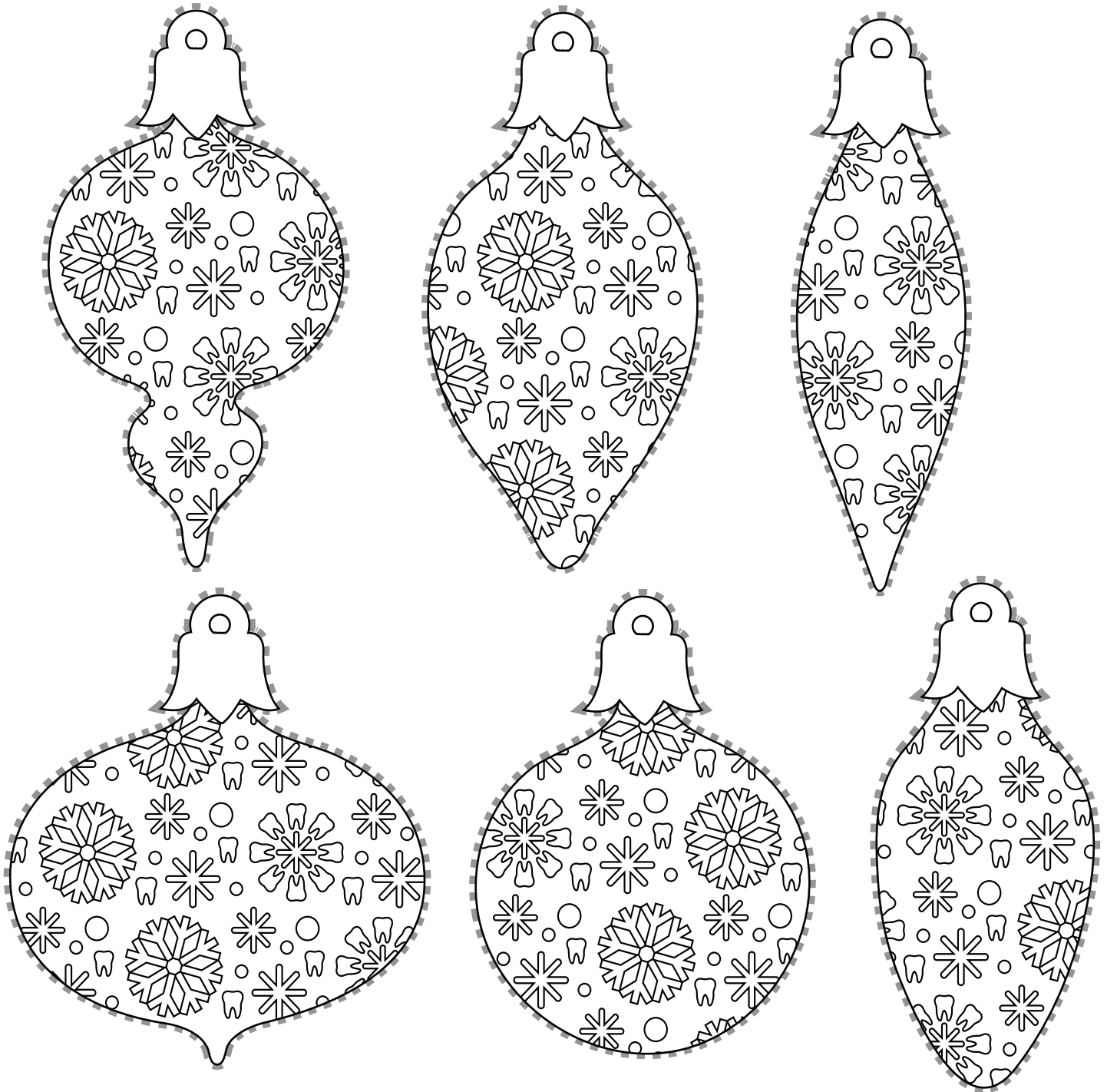
MouthHealthy Holiday Ornaments

Deck your halls with these fun decorations. Just color, cut and display!



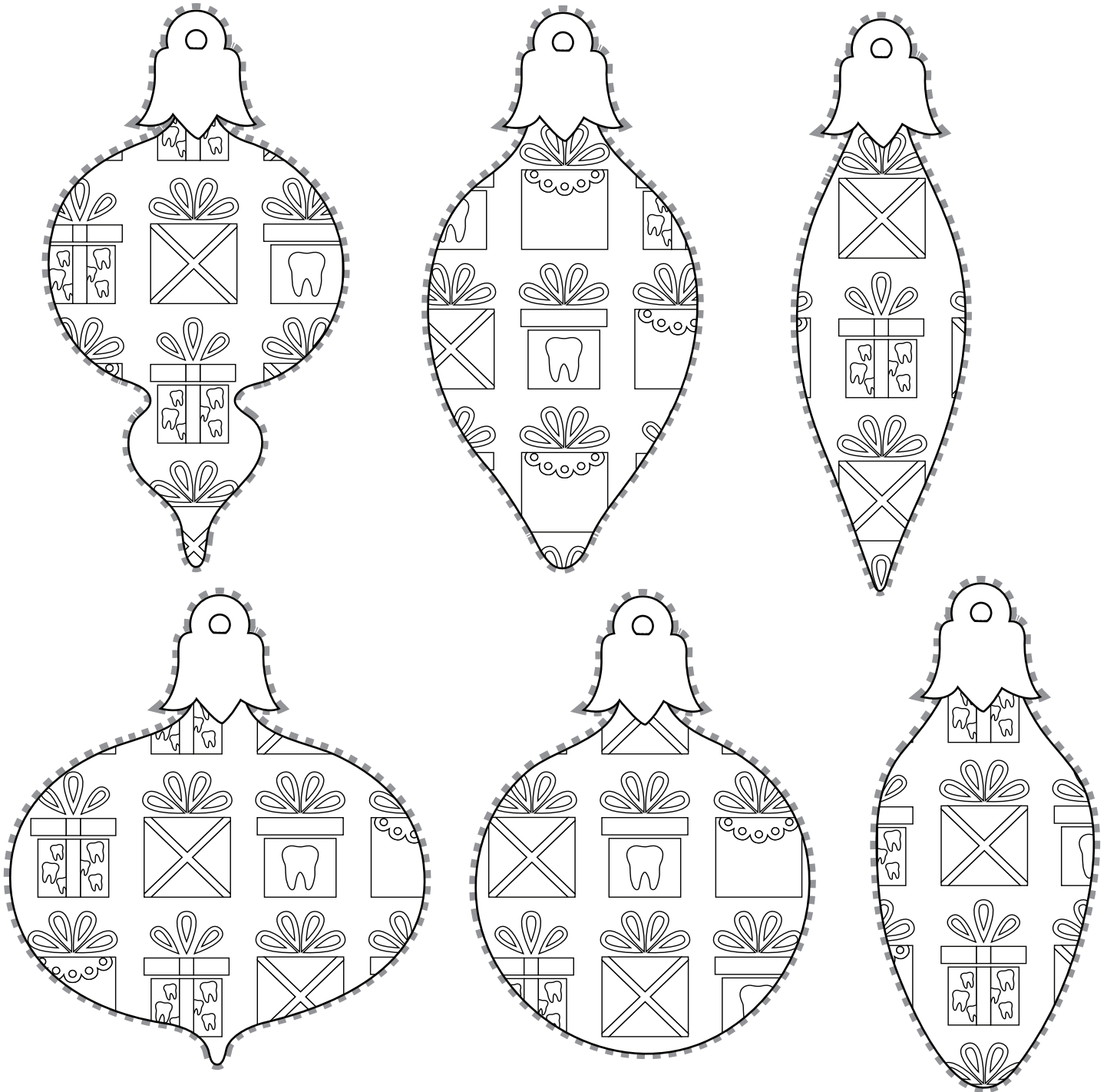
MouthHealthy Holiday Ornaments

Deck your halls with these fun decorations. Just color, cut and display!



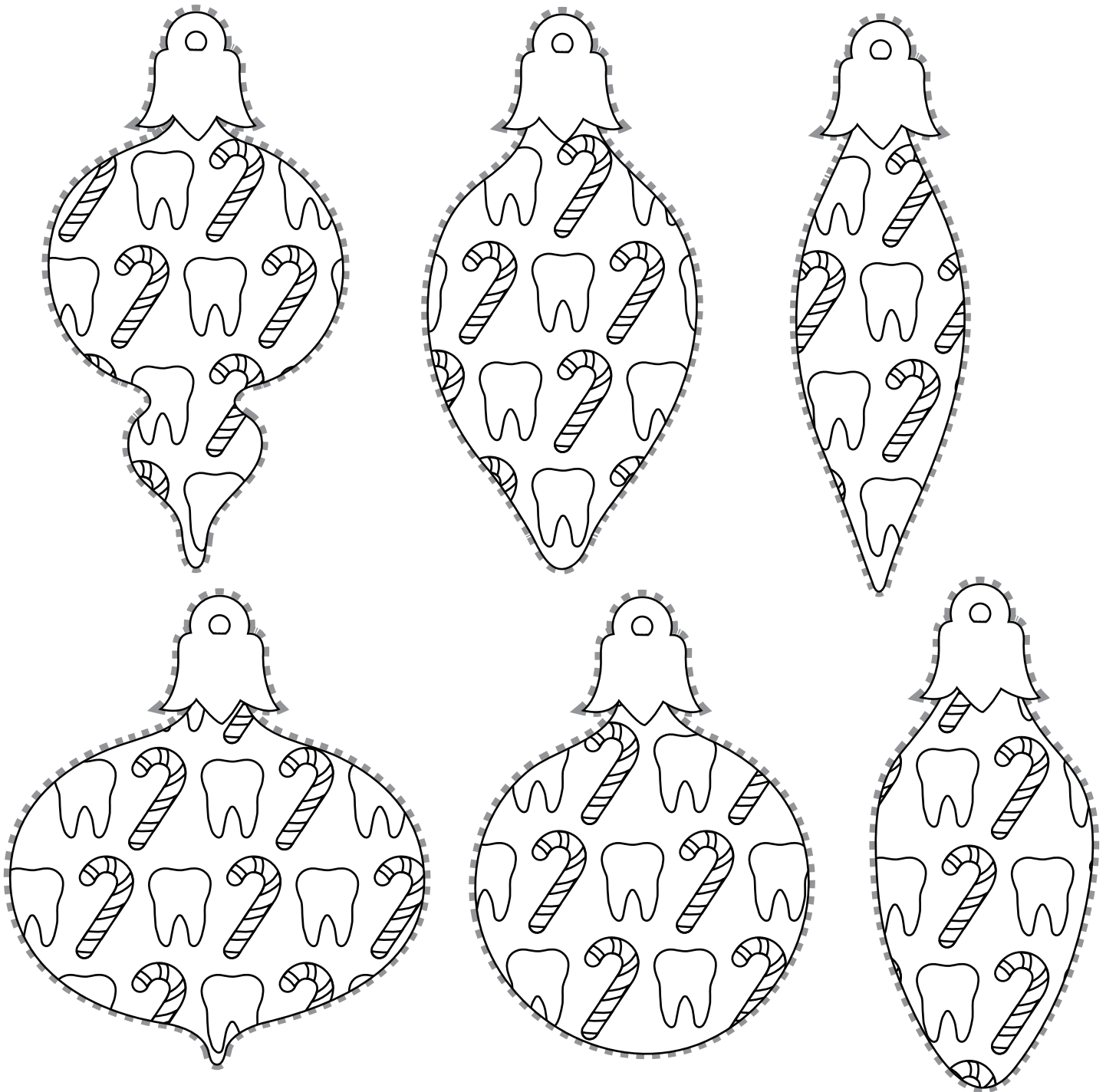
MouthHealthy Holiday Ornaments

Deck your halls with these fun decorations. Just color, cut and display!



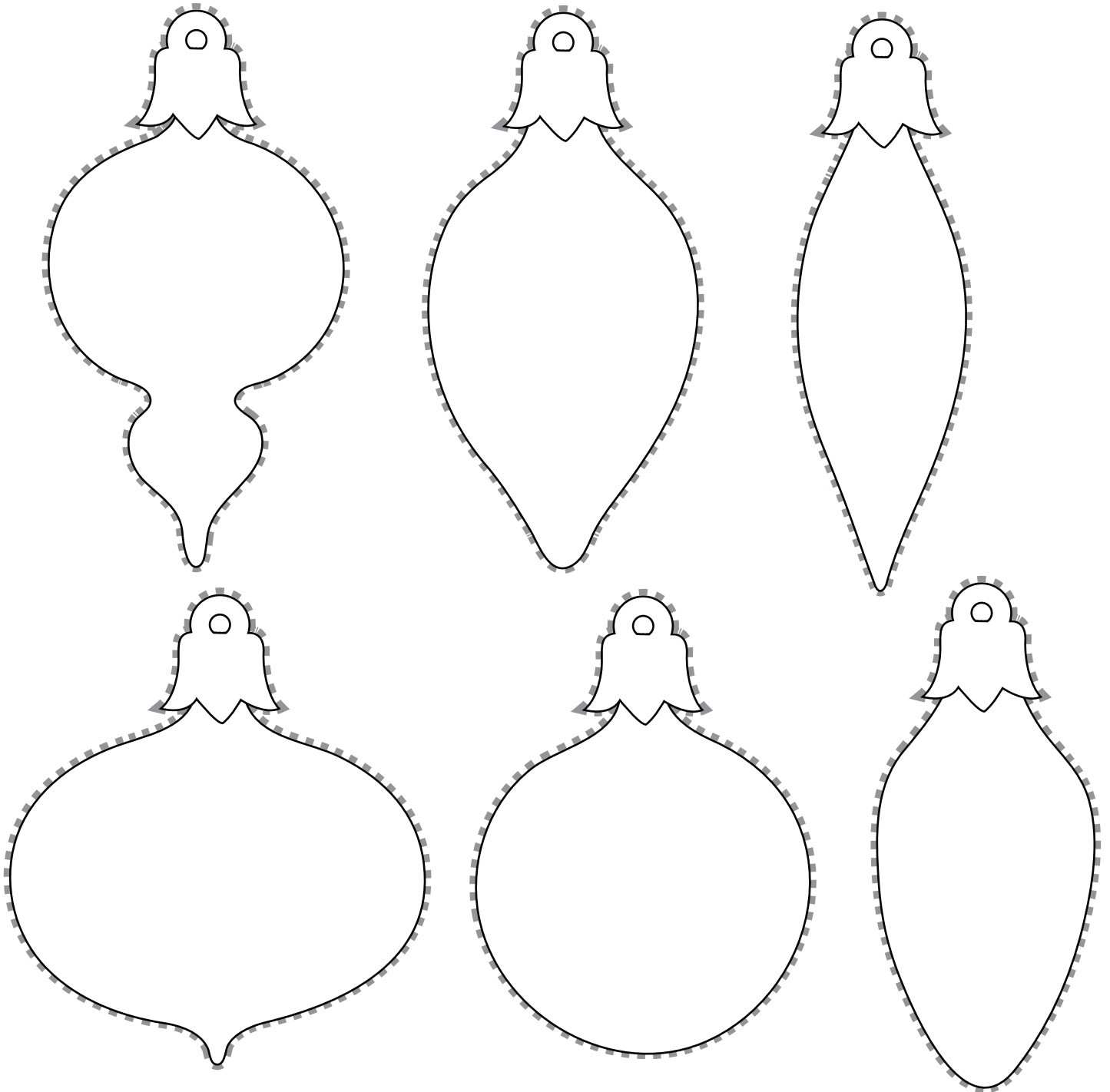
MouthHealthy Holiday Ornaments

Deck your halls with these fun decorations. Just color, cut and display!

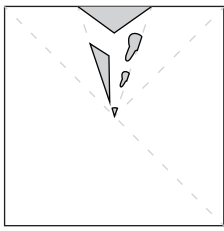


MouthHealthy Holiday Ornaments

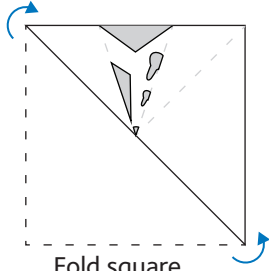
Deck your halls with these fun decorations. Just color, cut and display!



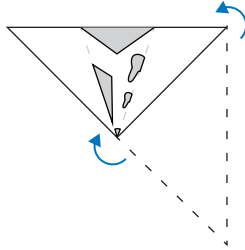
Snowflake Template 1



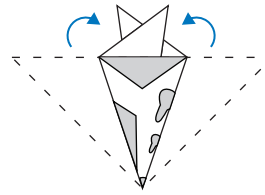
Cut out square.



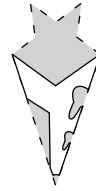
Fold square diagonally.



Fold triangle in half.

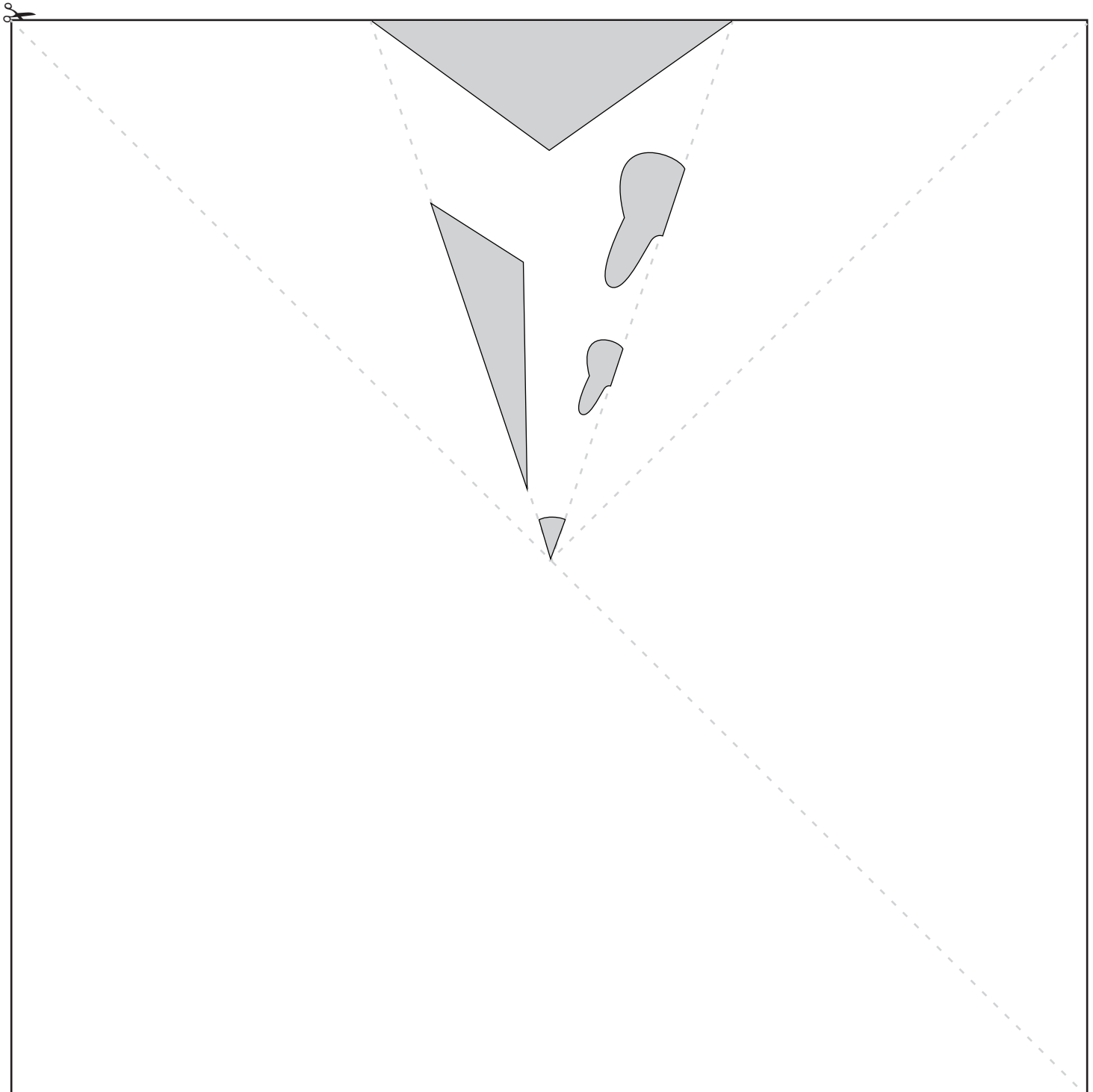


Fold corners up on dotted lines.

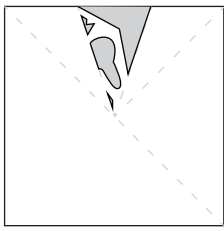


Cut shaded areas.

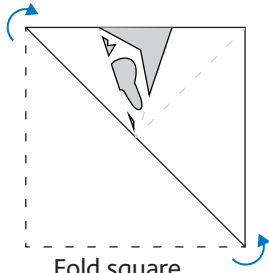
ENJOY!



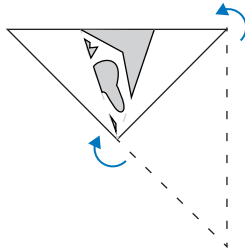
Snowflake Template 2



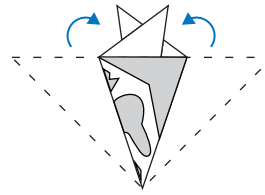
Cut out square.



Fold square diagonally.



Fold triangle in half.

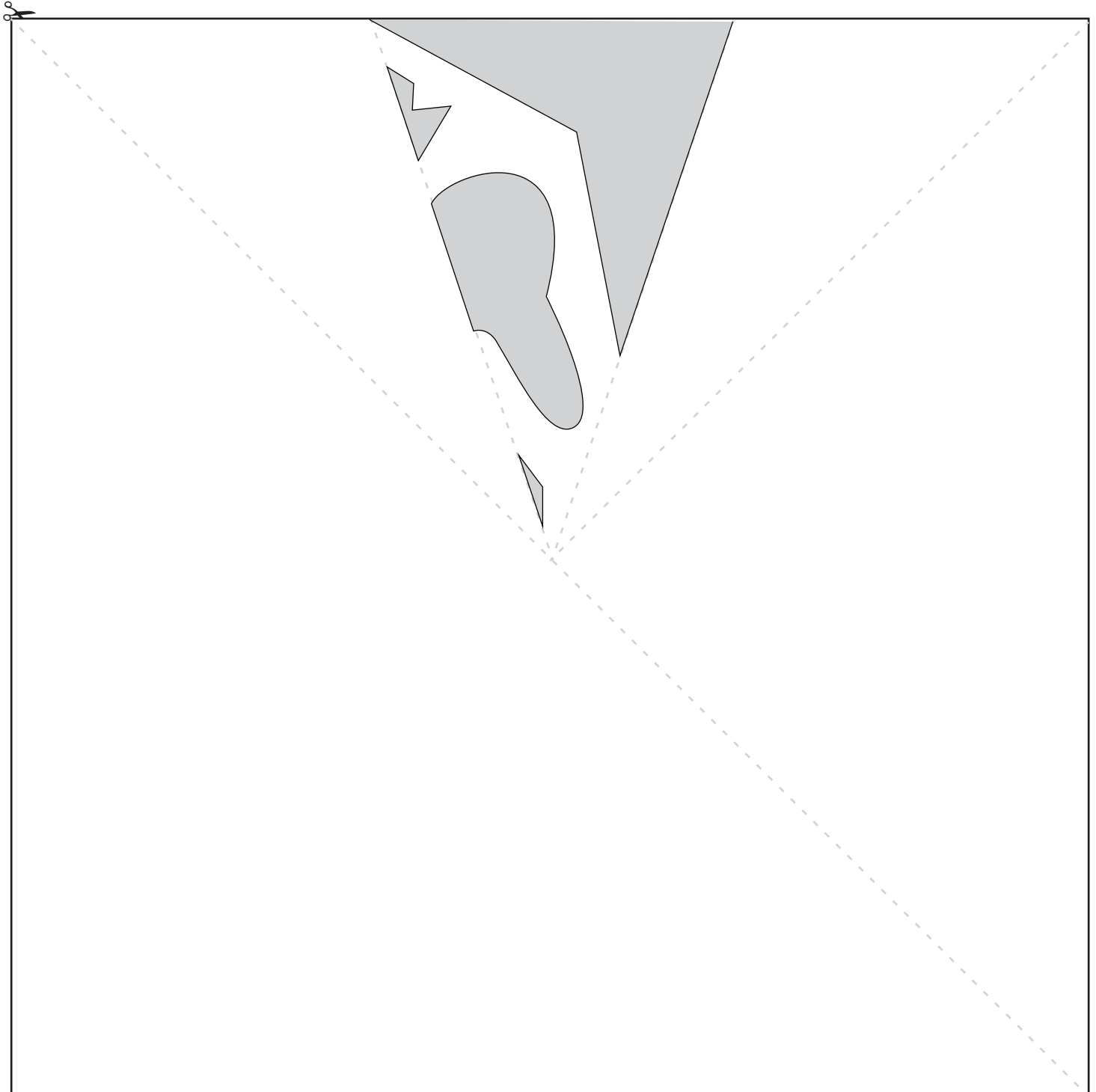


Fold corners up on dotted lines.

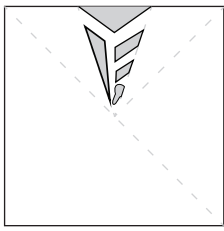


Cut shaded areas.

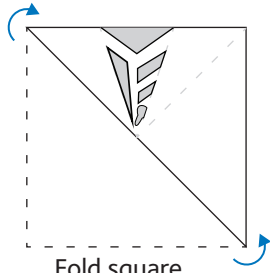
ENJOY!



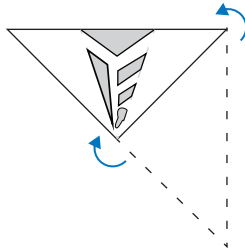
Snowflake Template 3



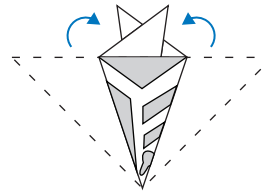
Cut out square.



Fold square diagonally.



Fold triangle in half.

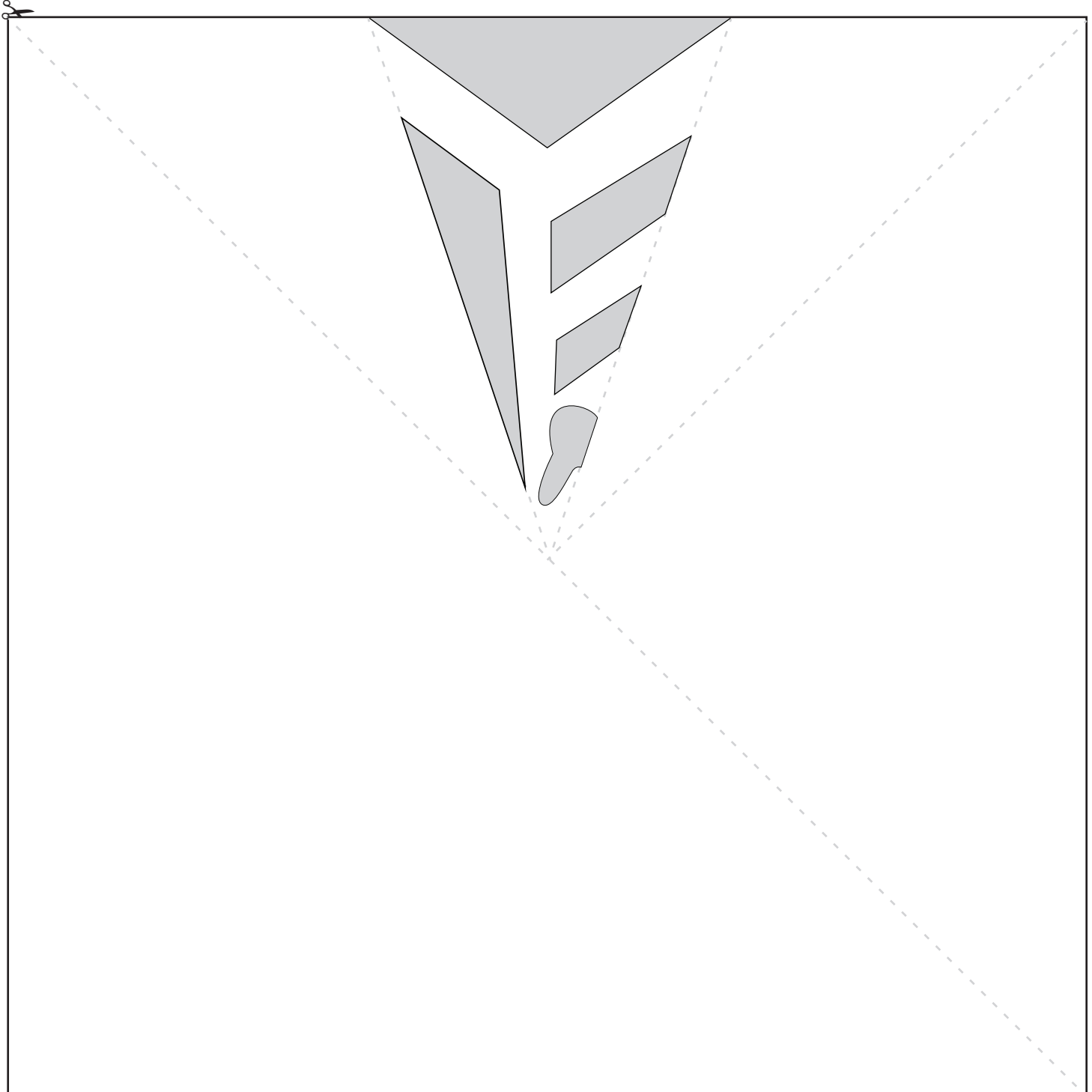


Fold corners up on dotted lines.



Cut shaded areas.

ENJOY!



INSTRUCTIONS:

Print the booklet pages back-to-back on a single sheet of heavy paper.

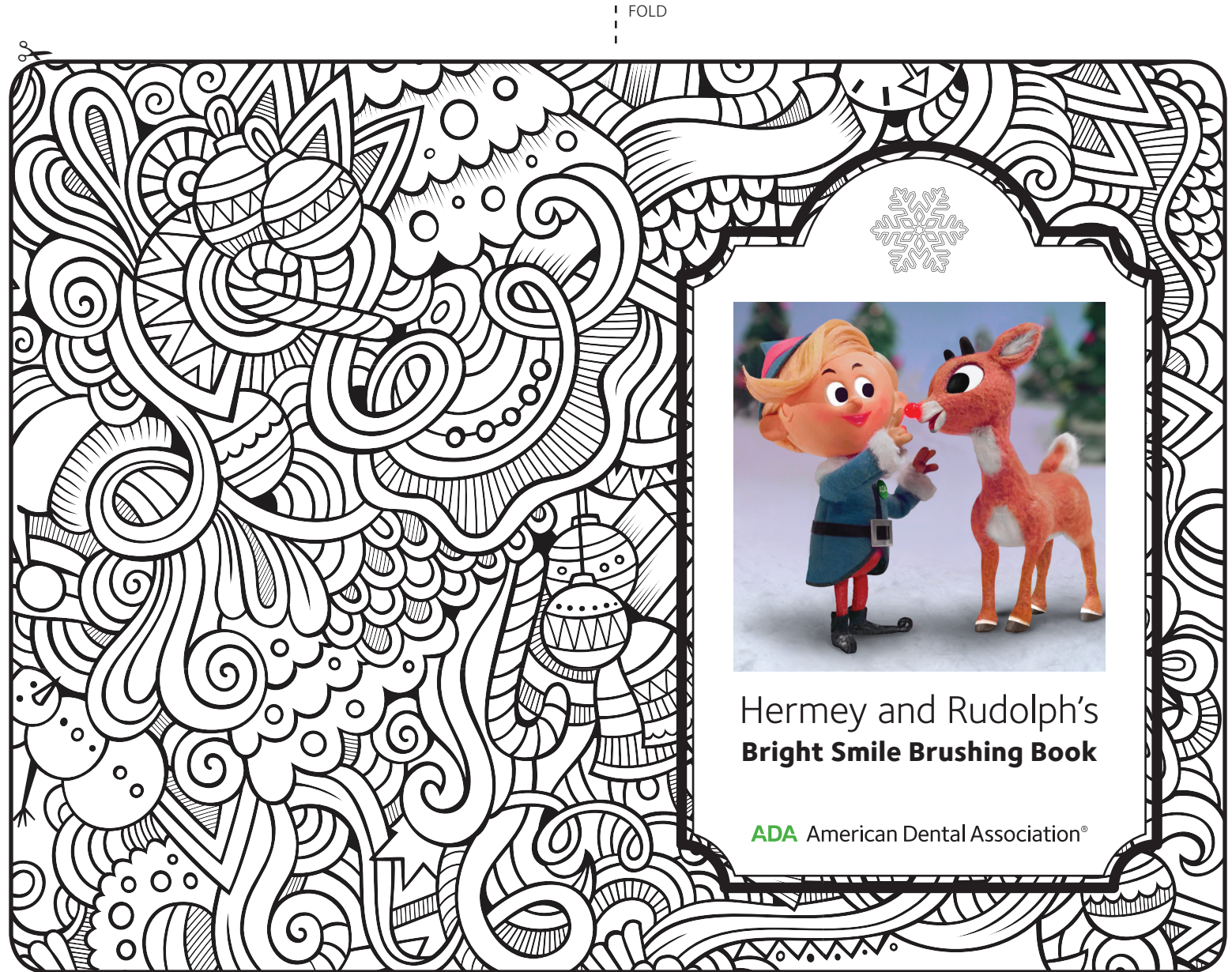
You can color the booklet cover before you fold and cut, or afterward.

Turn your printout so this side faces up.

Fold carefully along the dotted lines.

Then, using scissors (with the help of a grown up), carefully cut along the solid line around the top, long side and bottom of the booklet.

Your bright smile brushing book is now ready to use!



FOLD

FOLD

When he's not making toys, Hermey the Elf dreams of becoming a dentist. He's even helped his friends at the North Pole, like Rudolph, learn about how important it is to take care of your teeth.



Brush your teeth morning and night to keep your teeth healthy and your smile bright. Use this booklet to make sure you're brushing for two minutes, twice a day. (It might even help you make Santa's nice list!)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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