

Defeat Monster Mouth!!

Oh no! The dreaded Monster Mouth - and The Plaqster has it!

Not to worry. Flossy and Buck McGrinn, Den and Gen Smiley, and their trusty pal K-9 are on the job! They know just how to attack Monster Mouth and get The Plaqster's smile back on track.

To fight Monster Mouth and promote good oral health our friends follow this simple rule, "2min2x." That's code for "brush your teeth two minutes, two times a day."

Flossy, Buck, Den, and Gen know the importance of good dental habits to keep their smiles bright. They brush their teeth when they get up in the morning and again before they go to bed at night. They also floss their teeth once each day. Because Den wears braces, he is especially careful about keeping his teeth healthy so he has a bright smile when the braces come off.

Defeating Monster Mouth takes a lot of energy so the McGrinns and Smileys do eat snacks between meals but very few sugary ones. They usually stick to fruit and other healthy foods, and they choose water when they are thirsty instead of soda pop.

You can defeat Monster Mouth, too! Join in the fun by playing the games and doing the activities to learn how to take good care of your teeth.

And remember the code "2min2x"! For a super smile and healthy mouth, brush your teeth two minutes, two times a day.

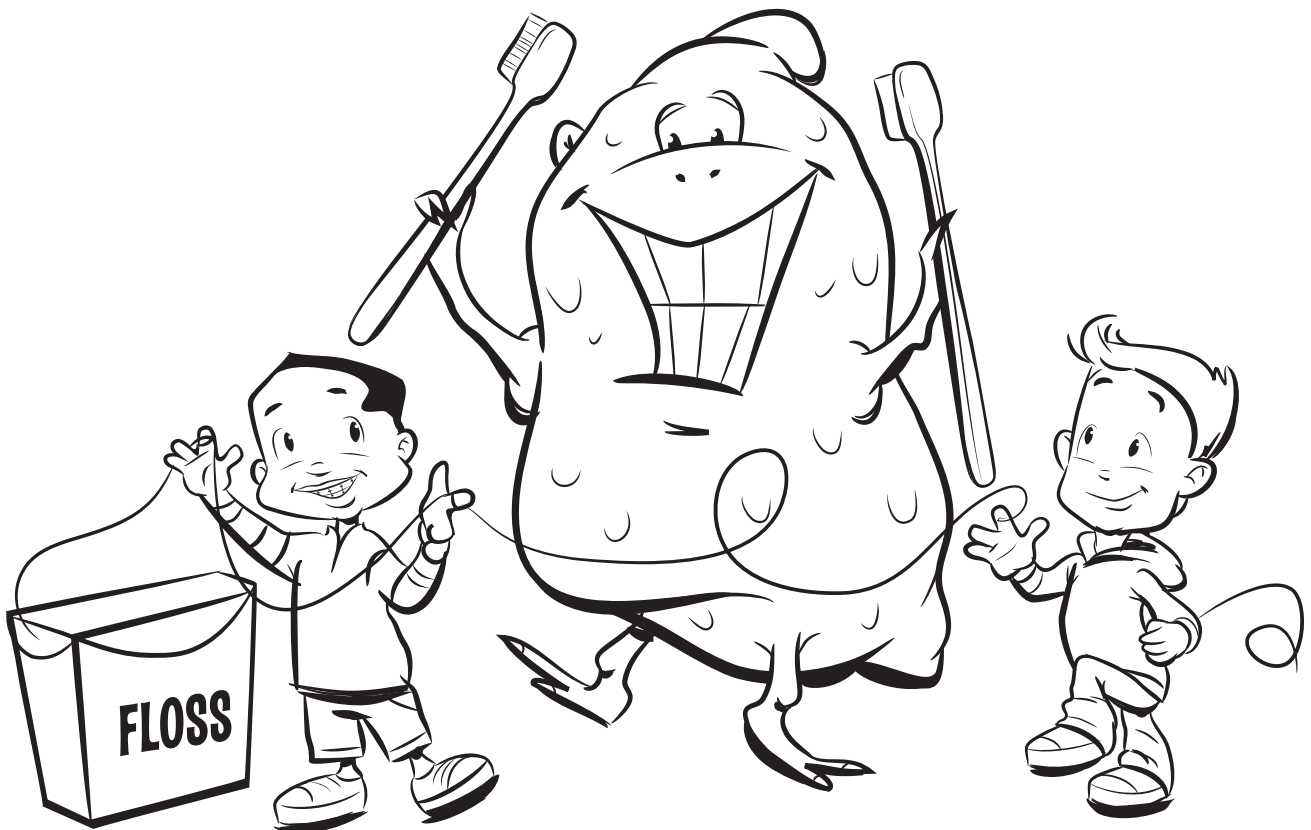
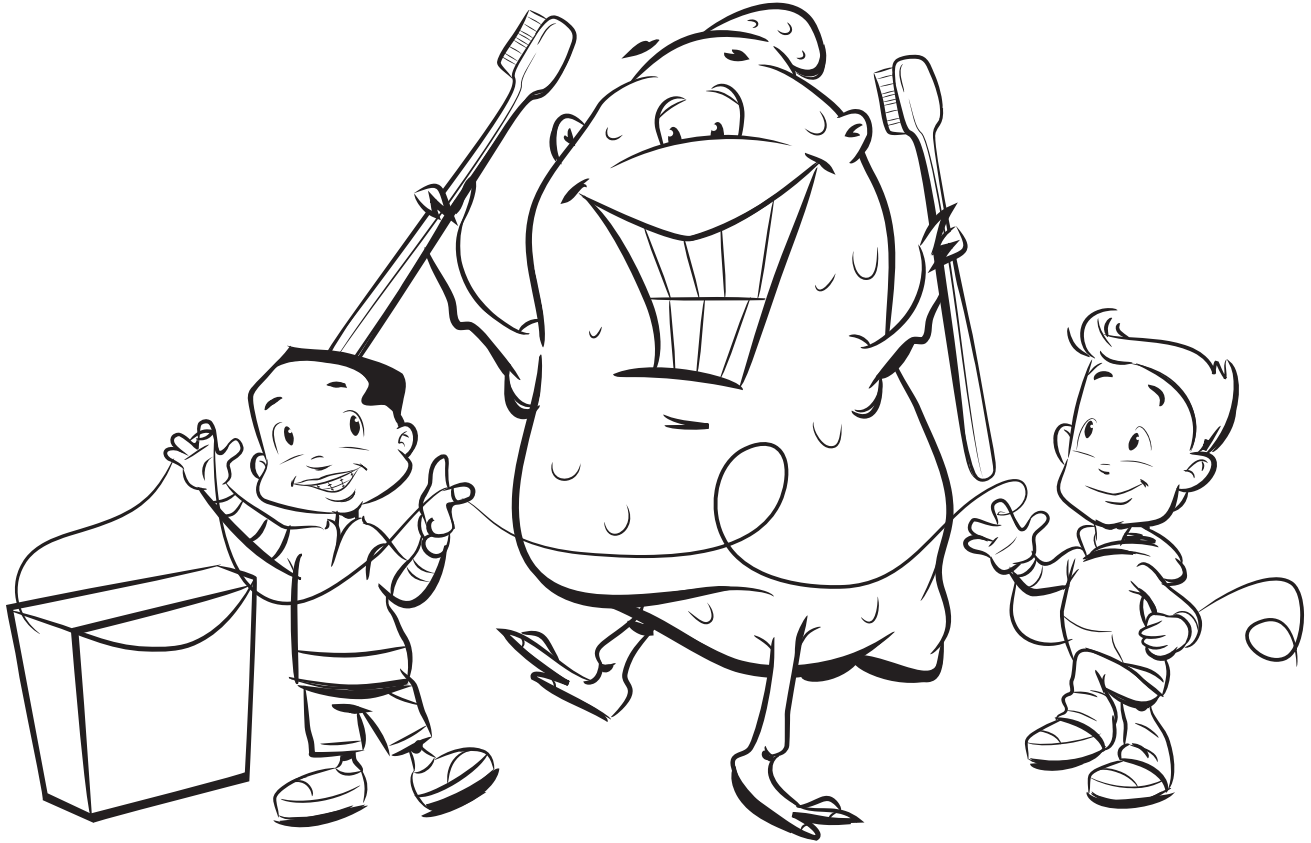
DEFEAT MONSTER MOUTH!



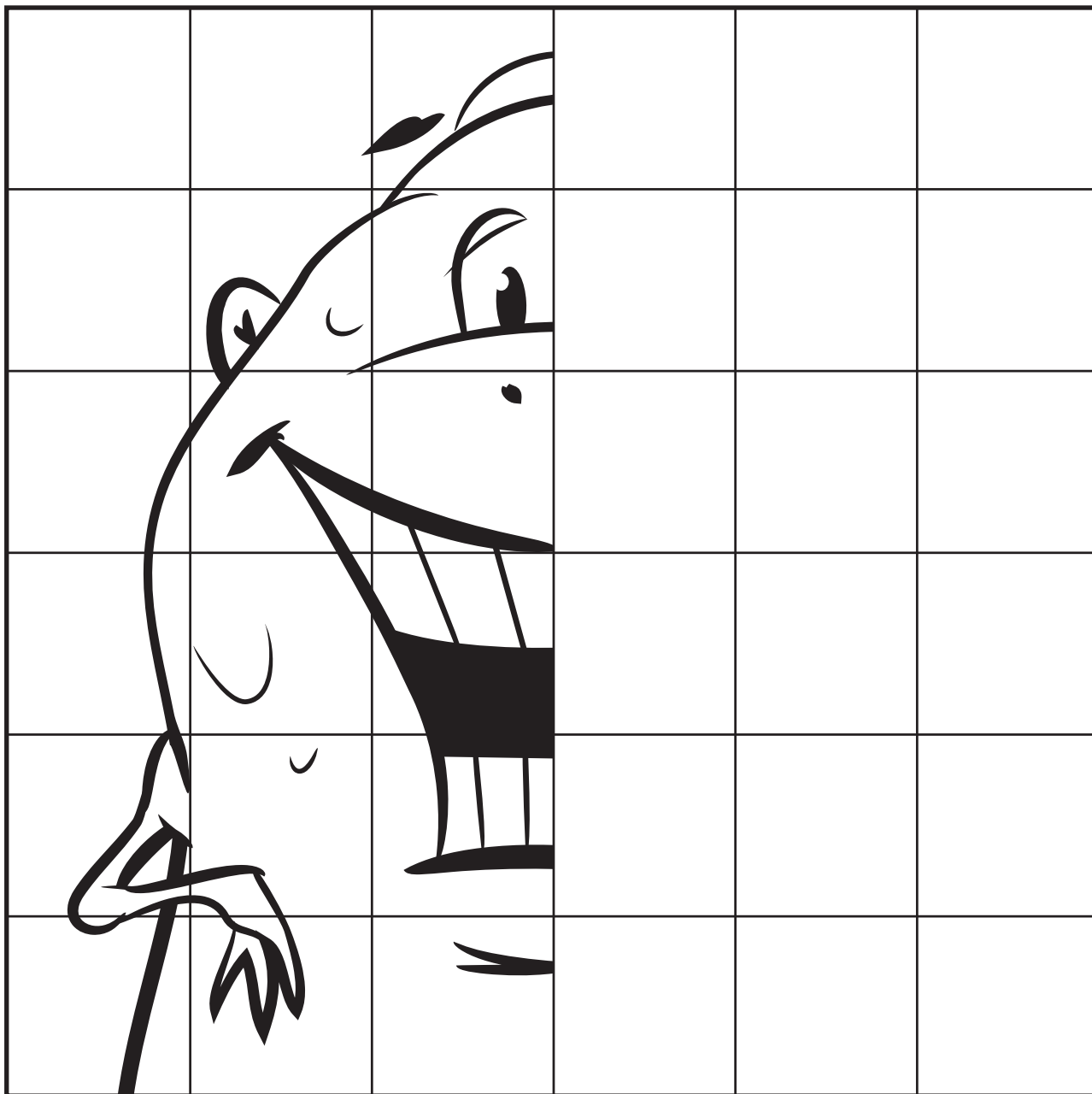
**The Plaqster is all about defeating Monster Mouth,
but it takes some monster-sized equipment!
Connect the dots to see what The Plaqster
uses 2 minutes, 2 times a day for good oral health!**



The Plagster, Den and Buck are sure having fun! You can join in.
Can you find 25 differences between the two pictures?



**Just 2min2x - brushing just 2 minutes twice a day - that's how
The Plaqster defeats monster mouth! Use the grid as a guide to
finish the picture and see his BIG sparkling smile!**



**The Plagster and Flossy
can use a little help!
Can you find all the
hidden words?
They can be up, down,
diagonal, backward
and forward!**

G Z R V U B N C L D W L W E R
G Y O S X B F E R M O E Z D O
M O U T H Q G A E O S Y K R S
T A V T R B U Y L V W J G E N
D O S S Q G M P I F T N I T P
J D O Q H R S F M E F G N S L
T O O T H B R U S H H V G N A
K I U T H N H P L Y O Y I O Q
G O E R L P T T G C T V V M U
M E O V A O A I N I A R I A E
T O X H N L E S V A M N T F R
T G W G K N O A T K L G I J Q
Q B U R I U C M H E E A S N H
B E S S O L F T S I T N E D E
E N T S E N A M E L W A J S X



**CAVITY
DENTIST
ENAMEL
FLOSS
SEALANT
GUMS
CANINE**

**MOLAR
PLAQUE
MOUTHGUARD
TOOTHBRUSH
TOOTHPASTE
MONSTER
SMILE
TONGUE**

**TEETH
GINGIVITIS
MOUTH
CROWN
HYGIENIST
ROOT
JAW**